

## Upstate Region

### Hub City Mobile Farmer's Market

In a city where less than 20% of residents eat five or more servings of fruits and vegetables a day, the Hub City Farmers Market (HCFM) is a nonprofit organization which facilitates access to healthy foods in Spartanburg County. The HCFM not only facilitates weekly markets, but operates a brightly colored, retrofitted van which brings a variety of produce into Spartanburg neighborhoods where residents have few other healthful food options.

"We're thrilled to be able to bring fresh, locally grown produce directly to neighborhoods, businesses and events where people live, work and play" says Interim Executive Director Brendan Buttimer.

In addition to increasing healthy food access, the HCFM ensures affordability by offering federal food assistance vouchers such as SNAP (formerly known as "Food Stamps") and offers a grant funded program to double the purchasing power of these benefits.

Brendan Buttimer, Interim Executive Director  
Hub City Farmer's Market  
298 Magnolia Street Spartanburg, SC 29306  
Phone: 864-585-0905

## Lowcountry Region

### N. Lemacks Community Garden, Colleton County

At a recent visioning meeting to begin the process for the N. Lemacks Community Garden in Colleton County, a community member said "The community garden is a way for us to help each other out, get healthy food to our families and neighbors and bring us together".

Brenda Hughes  
SC DHEC  
(843) 549-1516  
hughesbd@dhec.sc.gov

#### N. Lemacks Community Garden



## Midlands Region

### Fairfield County Farmer's Market

Fairfield County has a farmer's market every Saturday from 7:30am – 12noon on Main Street in Winnsboro

"Fairfield County is making great progress in tackling lifestyle factors associated with chronic diseases and obesity. We have much ground to cover in altering the cultural and intergenerational norms that lead to poor health outcomes in Fairfield, because of this we look forward to seeing these initiatives take root in our county."

Ms. Mac Russell, RD  
Director, Fairfield Diabetes Education Center  
803.712.0812 or 803.718.8102

## Pee Dee Region

### Collins Park Community Demonstration Garden

A popular community park in Conway, SC has become the home of a demonstration garden that is meant to inspire the creation of home gardens across the city. The Collins Park Community Demonstration Garden is part of a three step process to improving access to healthy foods in Horry County. Partners including the Healthy SC Initiative, ESMM and Clemson Extension have collaborated and provided resources to make this project possible.

"Sometimes all people need is the inspiration to get started. We know that it is one thing to inspire people and another to guide them so that is why we created the [Community Gardening] guide first. So once they are inspired by the garden they know how to go home and do it themselves".

[http://media.clemson.edu/public/extension/community\\_gardening.pdf](http://media.clemson.edu/public/extension/community_gardening.pdf)

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