

South Carolina WIC
2015-2016 Approved Foods List
UPDATE

The SC DHEC/WIC website is undergoing updates. For food product submissions, please use the below updated food specifications for the 2015-2016 SC WIC Approved Food List. If not specifically addressed, the specification is the same as last year.

- Food product submissions for the 2015-2016 SC WIC Approved Food List are currently being accepted. Food submissions are due March 1, 2015 and will be considered late after March 10, 2015. If you need additional time for submissions, please email WICfoodrequest@dhec.sc.gov
- You may use the South Carolina WIC Approved Food List Food Specifications Form or you may submit your own spreadsheet including the required information from the form.
- Now accepting food submissions for yogurt and whole wheat pasta.
- Infant fruits/vegetables do not have to be glass jars, but remain 4 ounce containers.
- Allowed cheese types are American, Cheddar, Colby, Monterey Jack, Mozzarella, Muenster, Swiss, Provolone, or any blend of these. Block style, sliced (individual slices may be wrapped), or cheese sticks. 16 oz packages only. Store brand only.
- The following items do not require submissions.
 - Brown rice
 - Beans (dried and canned)
 - Milk
 - Cheese
 - Eggs
 - Canned fish
 - Peanut butter
 - Fruits/vegetables (fresh and frozen)
- **Thank you for your submission!**