

SC BRFSS 2011: Sodium consumption

Main source of sodium or salt in food

	Total # Respondents	Added while cooking or at the table				Processed foods such as breads and frozen dinners				Natural sources such as fruits and vegetables			
		N	%	C.I.(95%)		N	%	C.I.(95%)		N	%	C.I.(95%)	
TOTAL	11,119	3,776	36.80	35.33	38.27	6,849	58.72	57.23	60.21	494	4.48	3.82	5.14
GENDER													
Male	4,380	1,581	40.64	38.29	43.00	2,613	54.58	52.21	56.94	186	4.78	3.68	5.88
Female	6,739	2,195	33.25	31.45	35.06	4,236	62.55	60.70	64.39	308	4.20	3.45	4.95
RACE													
White	7,506	1,982	29.53	27.83	31.22	5,304	67.23	65.49	68.97	220	3.24	2.53	3.96
African American	2,830	1,485	56.38	53.36	59.40	1,153	38.78	35.81	41.75	192	4.84	3.86	5.82
Other	582	210	38.87	31.74	45.99	324	47.63	40.46	54.79	48	13.51	8.12	18.89
HISPANIC													
Yes	205	78	41.24	31.15	51.33	95	41.36	31.65	51.07	32	17.40	9.69	25.12
No	10,748	3,611	36.46	34.97	37.95	6,705	59.73	58.23	61.24	432	3.81	3.21	4.41
AGE													
18-24	497	247	53.56	47.88	59.24	219	39.76	34.26	45.25	31	6.69	3.67	9.71
25-34	1,010	436	45.10	40.80	49.39	529	50.34	46.05	54.63	45	4.57	2.85	6.28
35-44	1,324	438	34.48	30.53	38.42	838	60.71	56.67	64.75	48	4.81	2.74	6.88
45-54	1,908	618	30.72	27.74	33.71	1,235	66.49	63.43	69.55	55	2.79	1.80	3.78
55-64	2,702	823	31.07	28.42	33.71	1,778	66.31	63.63	68.99	101	2.63	1.86	3.39
65+	3,678	1,214	32.58	30.31	34.86	2,250	61.28	58.93	63.63	214	6.13	4.97	7.30
EDUCATION													
Less Than H.S.	1,359	760	55.73	51.57	59.90	434	34.01	30.04	37.98	165	10.26	7.90	12.62
H.S. or G.E.D.	3,428	1,488	47.10	44.35	49.85	1,755	47.84	45.13	50.56	185	5.06	3.86	6.26
Some Post-H.S.	2,873	891	30.84	28.23	33.45	1,896	65.73	63.01	68.45	86	3.43	2.16	4.70
College Graduate	3,440	629	17.72	15.77	19.68	2,755	81.13	79.15	83.12	56	1.15	0.72	1.58
HOUSEHOLD INCOME													
Less than \$15,000	1,481	759	53.40	49.44	57.37	607	39.64	35.80	43.47	115	6.96	5.05	8.87
\$15,000- \$24,999	1,933	883	48.97	45.45	52.48	916	44.52	41.09	47.96	134	6.51	4.68	8.33
\$25,000- \$34,999	1,139	385	36.76	32.03	41.48	711	59.15	54.37	63.93	43	4.09	2.47	5.72
\$35,000- \$49,999	1,476	437	34.90	30.84	38.97	1,005	62.66	58.59	66.74	34	2.43	1.34	3.52
\$50,000+	3,504	691	21.91	19.61	24.21	2,755	75.64	73.21	78.08	58	2.44	1.34	3.55
REGION**													
Region I	1,412	508	38.63	34.46	42.80	838	57.22	53.04	61.40	66	4.15	2.27	6.03
Region II	1,459	464	32.49	28.89	36.08	938	62.53	58.80	66.26	57	4.98	3.07	6.89
Region III	1,592	500	32.59	29.05	36.13	1,033	64.05	60.46	67.65	59	3.35	2.04	4.67
Region IV	1,392	593	49.42	45.71	53.12	716	44.78	41.19	48.38	83	5.80	4.21	7.39
Region V	1,276	475	42.59	38.63	46.54	748	52.22	48.23	56.21	53	5.19	2.35	8.03
Region VI	1,261	436	37.66	33.48	41.85	769	58.71	54.53	62.89	56	3.63	2.22	5.04
Region VII	1,416	447	36.00	31.85	40.14	896	59.32	55.19	63.45	73	4.68	3.08	6.28
Region VIII	1,311	353	33.29	29.28	37.30	911	61.81	57.72	65.91	47	4.90	2.77	7.02