

2013 BRFSS SC: Weight Control
Using Physical Activity/Exercise to Lose or Maintain Weight

	Total	Yes			No				
	Respondents	N	%	C.I.(95%)	N	%	C.I.(95%)		
TOTAL	7,824	4,687	63.45	61.92	64.97	3,137	36.55	35.03	38.08
GENDER									
Male	2,955	1,862	65.00	62.63	67.38	1,093	35.00	32.62	37.37
Female	4,869	2,825	62.25	60.25	64.25	2,044	37.75	35.75	39.75
RACE									
White	5,289	3,171	63.22	61.39	65.04	2,118	36.78	34.96	38.61
African American	2,061	1,236	64.65	61.61	67.69	825	35.35	32.31	38.39
Other	324	202	66.41	59.26	73.56	122	33.59	26.44	40.74
HISPANIC									
Yes	110	80	72.48	62.04	82.92	30	27.52	17.08	37.96
No	7,600	4,548	63.39	61.85	64.93	3,052	36.61	35.07	38.15
AGE									
18-24	280	232	83.83	78.81	88.85	48	16.17	11.15	21.19
25-34	637	470	73.01	68.81	77.21	167	26.99	22.79	31.19
35-44	868	622	70.56	66.59	74.53	246	29.44	25.47	33.41
45-54	1,296	829	63.04	59.45	66.63	467	36.96	33.37	40.55
55-64	1,889	1,121	57.28	54.04	60.52	768	42.72	39.48	45.96
65+	2,854	1,413	48.15	45.53	50.77	1,441	51.85	49.23	54.47
EDUCATION									
Less Than H.S.	807	353	50.64	45.69	55.60	454	49.36	44.40	54.32
H.S. or G.E.D.	2,257	1,180	57.67	54.78	60.55	1,077	42.33	39.45	45.22
Some Post-H.S.	2,040	1,274	67.25	64.49	70.01	766	32.75	29.99	35.51
College Graduate	2,700	1,870	72.88	70.58	75.18	830	27.12	24.82	29.42
HOUSEHOLD INCOME									
Less than \$15,000	900	447	51.82	47.06	56.59	453	48.18	43.41	52.94
\$15,000- \$24,999	1,314	687	57.16	53.31	61.00	627	42.84	39.00	46.69
\$25,000- \$34,999	841	454	59.90	55.35	64.45	387	40.10	35.55	44.65
\$35,000- \$49,999	968	587	64.38	60.04	68.72	381	35.62	31.28	39.96
\$50,000+	2,760	1,941	71.22	68.84	73.60	819	28.78	26.40	31.16
REGION									
Region I	875	475	56.89	51.98	61.81	400	43.11	38.19	48.02
Region II	1,142	702	63.49	59.68	67.31	440	36.51	32.69	40.32
Region III	1,146	717	64.99	61.33	68.65	429	35.01	31.35	38.67
Region IV	967	524	57.63	53.56	61.70	443	42.37	38.30	46.44
Region V	824	492	62.79	58.16	67.41	332	37.21	32.59	41.84
Region VI	892	509	61.17	56.84	65.49	383	38.83	34.51	43.16
Region VII	1,143	728	69.91	66.31	73.52	415	30.09	26.48	33.69
Region VIII	835	540	67.55	63.08	72.02	295	32.45	27.98	36.92