

## 2015 SC BRFSS: Physical Activity Index

**Adults that meet the physical activity recommendation of 150+ minutes (or vigorous equivalent minutes) per week**

	Total	Yes				No			
	Respondents	N	%	C.I.(95%)		N	%	C.I.(95%)	
<b>TOTAL</b>	10,301	5,297	50.50	49.13	51.86	5,004	49.50	48.14	50.87
<b>GENDER</b>									
Male	4,333	2,386	53.14	51.07	55.20	1,947	46.86	44.80	48.93
Female	5,968	2,911	48.05	46.26	49.84	3,057	51.95	50.16	53.74
<b>RACE/ETHNICITY</b>									
Non-Hispanic White	7,161	3,934	53.52	51.91	55.14	3,227	46.48	44.86	48.09
Non-Hispanic Black	2,420	1,017	43.22	40.42	46.01	1,403	56.78	53.99	59.58
Other	530	270	48.91	42.98	54.85	260	51.09	45.15	57.02
<b>AGE</b>									
18-24	508	270	54.31	49.12	59.50	238	45.69	40.50	50.88
25-34	864	443	51.60	47.52	55.68	421	48.40	44.32	52.48
35-44	1,179	584	50.05	46.45	53.66	595	49.95	46.34	53.55
45-54	1,643	755	44.64	41.61	47.67	888	55.36	52.33	58.39
55-64	2,240	1,082	48.14	45.42	50.85	1,158	51.86	49.15	54.58
65 +	3,867	2,163	54.38	52.30	56.46	1,704	45.62	43.54	47.70
<b>EDUCATION</b>									
Less Than H.S.	1,065	410	37.50	33.37	41.63	655	62.50	58.37	66.63
H.S. or G.E.D.	3,031	1,354	46.52	43.99	49.05	1,677	53.48	50.95	56.01
Some Post-H.S.	2,867	1,519	53.67	51.23	56.11	1,348	46.33	43.89	48.77
College Graduate	3,321	2,006	59.37	57.09	61.66	1,315	40.63	38.34	42.91
<b>HOUSEHOLD INCOME</b>									
Less than \$15,000	1,029	398	38.72	34.50	42.95	631	61.28	57.05	65.50
\$15,000- \$24,999	1,618	691	43.01	39.57	46.45	927	56.99	53.55	60.43
\$25,000- \$34,999	1,013	494	47.69	43.28	52.10	519	52.31	47.90	56.72
\$35,000- \$49,999	1,350	697	50.15	46.30	54.00	653	49.85	46.00	53.70
\$50,000+	3,639	2,185	58.17	55.99	60.34	1,454	41.83	39.66	44.01
<b>REGION</b>									
Region I	1,261	658	49.36	45.65	53.07	603	50.64	46.93	54.35
Region II	1,196	608	48.71	44.80	52.62	588	51.29	47.38	55.20
Region III	805	407	51.86	47.05	56.67	398	48.14	43.33	52.95
Region IV	1,002	515	52.72	48.72	56.73	487	47.28	43.27	51.28
Region V	848	458	51.22	46.94	55.49	390	48.78	44.51	53.06
Region VI	1,404	779	54.40	50.97	57.84	625	45.60	42.16	49.03
Region VII	1,198	633	49.27	45.35	53.19	565	50.73	46.81	54.65
Region VIII	1,291	678	51.08	47.44	54.71	613	48.92	45.29	52.56
Region IX	1,296	561	44.27	40.60	47.94	735	55.73	52.06	59.40