

Protect Your Body...Your Temple

EARLY DETECTION IS THE BEST PROTECTION

BREAST CANCER

- African-American women are more likely to die from breast cancer than other women.
- Do monthly breast self exams.
- The American Cancer Society recommends yearly mammograms starting at age 40

PROSTATE CANCER

- In SC, African-American men are over 3 times more likely to die of prostate cancer than white men.
- The American Cancer Society recommends that most African-American men should begin testing by age 45.
- Talk with your doctor or health care provider about when you should begin screening once you turn 40.

PROTECT YOURSELF AND YOUR
LOVED ONES... WITH
KNOWLEDGE & ACTION



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