

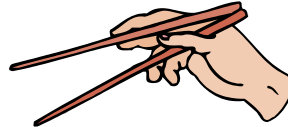
Activity 3

Moderation Match

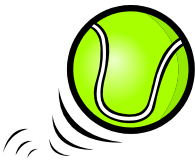
Pre/Post Test



1. 1-2 ounces of snack foods should fit in which picture?
(Circle one picture.)



2. ONE serving of whole fruit looks like which picture?
(Circle one picture.)



3. 3 ounces of meat should look like which picture? (Circle one picture.)



4. 1 teaspoon of butter should look like which picture? (Circle one picture.)

