

For more information about postpartum newborn home visits,  
or to ask about a visit, call your local public health department

– OR –

call the toll free **DHEC CARELINE** at  
**1-800-868-0404**

Public Health Department	Phone Number	Public Health Department	Phone Number
Abbeville	(864) 366-2131	Hampton	(843) 943-3878
Aiken	(803) 642-1687	Horry	
Allendale	(803) 584-3818	• Conway	(843) 915-8800
Anderson	(864) 260-5541	• Myrtle Beach	(843) 448-8407
Bamberg	(803) 245-5176	• Stephen's Crossroads	(843) 915-5654
Barnwell	(803) 541-1061	Jasper	(843) 525-7615
Beaufort	(843) 525-7615	Kershaw	(803) 425-6012
Berkeley		Lancaster	(803) 286-9948
• Goose Creek	(843) 572-3313	Laurens	(864) 833-0000
• Moncks Corner	(843) 719-4600	Lee	(803) 484-6612
Calhoun	(803) 874-2037	Lexington	(803) 785-6550
Clarendon	(803) 435-8168	Marion	(843) 423-8295
Charleston	(843) 579-4500	Marlboro	(843) 479-6801
Cherokee	(864) 487-2705	McCormick	(864) 852-2511
Chester	(803) 385-6152	Newberry	(803) 321-2170
Chesterfield	(843) 623-2117	Oconee	(864) 882-2245
Colleton	(843) 549-1516 (118 or 119)	Orangeburg	(803) 533-5480
Darlington	(843) 398-4400	Pickens	(864) 898-5965
Dillon	(843) 774-5611	Richland	(803) 576-2900
Dorchester	(843) 832-0041	Saluda	(864) 445-2141
Edgefield	(803) 637-4035	Spartanburg	(864) 596-2227
Fairfield	(803) 635-6481	Sumter	(803) 773-5511
Florence	(843) 661-4835	Williamsburg	(843) 355-6012
Georgetown	(843) 546-5593	Union	(864) 429-1690
Greenville	(864) 282-4100	York	(803) 909-7300
Greenwood	(864) 942-3600		



# Postpartum Newborn Home Visit

A healthy start for you  
and your baby





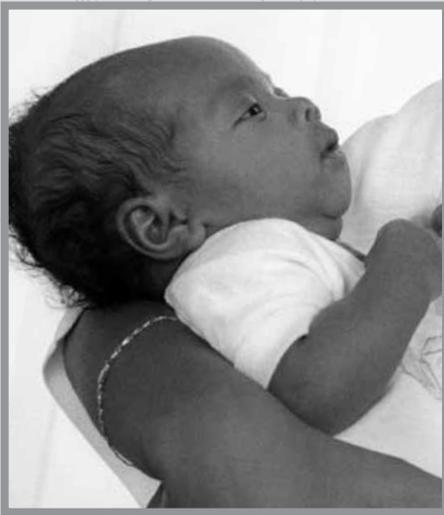
## What is a Postpartum Newborn Home Visit?

The postpartum newborn home visit is a service for new moms and their babies. Health Department nurses provide the visit to eligible families. The visit is covered by some Medicaid insurance plans. Ask your doctor to make a referral or write an order for a visit.

In the first few days after you and your baby leave the hospital, many changes take place. During the postpartum newborn home visit the nurse will come to your home to make sure you and your baby are doing well.

Someone will contact you or a relative to schedule a time for the nurse to visit you in your home. The nurse will usually spend 1-2 hours with you and your baby.

*“A healthy start for you and your baby”*



## What Will the Nurse Do?

- Ask questions about your health and your baby's health
- Weigh your baby
- Do a physical exam of your baby
- Check your blood pressure
- Do a partial physical exam on you, if needed
- Help you get health care providers' appointments for you and your baby
- Help you with breastfeeding, if needed
- Give you a method of birth control, such as condoms, if needed
- Talk with you about other community resources you may find helpful such as WIC, BabyNet, and reading programs
- Answer your questions



*To help you care for yourself,  
the nurse will talk to you about:*

- Breast care
- Signs and symptoms of illness
- Taking care of yourself
- Postpartum activity
- Sleep needs
- Nutritional needs
- Birth control methods
- Prevention of sexually transmitted infections

*To help you care for your baby,  
the nurse will talk to you about:*

- Well child care
- Baby's brain development
- Immunizations
- Safety in the car, home, and other places
- Hand washing
- Signs and symptoms of illness
- Taking care of baby's skin, mouth, and diaper area
- Umbilical cord care and circumcision care
- Care for your infant son's penis if he is not circumcised
- Feeding your baby
- Safe sleep, infant sleep patterns, and SIDS risk reduction
- Shaken baby syndrome prevention
- Exposure to second-hand smoke and other harmful substances

