



To Grow & Develop



1 Month

- Can lift head while lying on stomach and turns head from side to side
- Makes soft, throaty sounds
- Recognizes a human face and stares at faces close by, especially mom's
- Will automatically close fingers around objects
- Smiles
- Looks at lights

2 Months

- Makes "oo" and "aa" sounds
- Turns from side to back
- Can follow a moving light or object with his/her eyes
- Pays attention to a speaking voice
- Can lift chest up
- Smiles in response to another's smiles and coos
- Holds a rattle for a little while

3 Months

- Smiles, laughs, squeals
- Puts things in mouth
- Plays with fingers and hands
- Reaches for shiny objects but misses them
- Sits up with support
- Can raise his/her chest and hold his/her head high
- Interested in other people
- Looks towards sounds

4 Months

- Laughs aloud, coos and gurgles
- Tries to turn over
- Drools
- Holds head steady when in sitting position
- Recognizes familiar objects
- Grasps objects
- Shows he/she wants attention
- Sits when propped up
- Looks at hands

5 Months

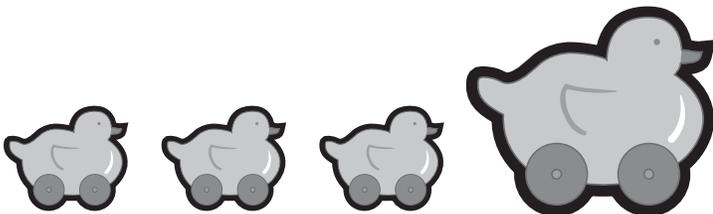
- Looks at small objects
- Sits with slight support
- Reaches for objects beyond his/her grasp
- Rolls over from tummy to back

6 Months

- Can sit with support
- May sit without support
- Can be pulled from sitting to standing position and will support weight on extended legs
- May cut tooth
- Bangs with object held in hand
- Rolls over
- Recognizes strangers
- Says "DaDa"

7 Months

- May sit up without support
- Plays with his/her feet and puts them in his/her mouth
- Likes to be held, carried, bounced on someone's knee
- Can use thumb and fingers to pick up small objects
- Says "MaMa"



8 Months

- Can transfer a toy from one hand to the other
- Likes to throw things
- May be crawling
- Greets strangers with bashful behavior, turning away, hanging head, crying and refuses to play with strangers
- Waves bye bye

9-10 Months

- Responds to his/her name
- May be afraid of loud noises
- Pulls up and stands holding on to furniture
- May be able to walk with both hands held
- Can feed himself/herself a cracker or other foods which can be held in hand
- Loves to play and be played with (bye-bye, peek-a-boo, pat-a-cake)
- Looks for objects that have been dropped
- Bangs two blocks together

11-12 Months

- Stands alone
- Walks when led or may walk alone
- Can sit down from standing without help
- Can poke forefinger and pick up tiny objects
- Cooperative in dressing
- Likes to feed him/herself and drink from a cup
- May have definite likes and dislikes in food
- Enjoys being with people and being loved
- Shows jealousy, affection and anger
- Enjoys games and tricks like throwing things from his/her high chair and having them returned
- Can hold crayon and mark on piece of paper
- May say a few words
- Puts things “in” and takes things “out”



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and the environment*