

#### BREAST CANCER

African-American women are more likely to die from breast cancer than other women.

#### Recommendations:

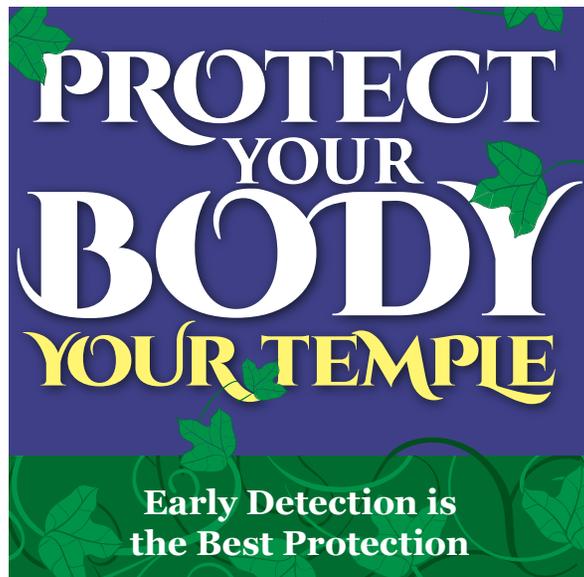
- Do monthly breast self exams.
- The American Cancer Society recommends yearly mammograms starting at age 40.

#### PROSTATE CANCER

In South Carolina, African-American men are over three times more likely to die of prostate cancer than white men.

#### Recommendations:

- The American Cancer Society recommends that most African-American men should begin testing by age 45.
- Talk with your doctor or health care provider about when you should begin screening once you turn 40.



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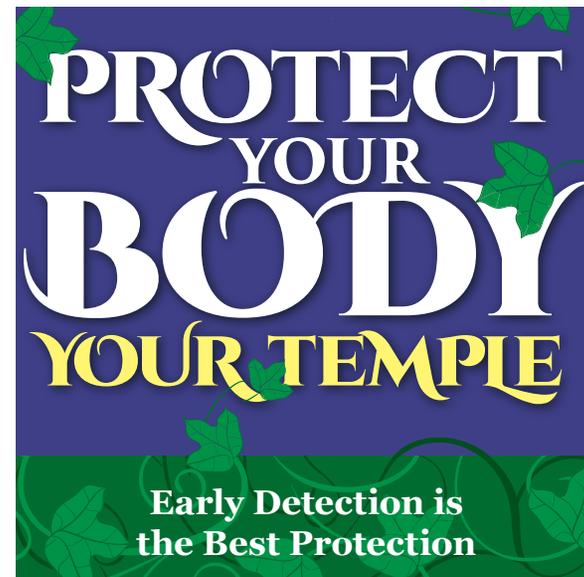
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