How to Outsmart ~~Staff~~ Staph

What's staph?

It's a common germ that causes a lot of skin infections.

Is it dangerous?

Not usually. But some types of staph can't be cured with common medicines. This type of staph is called MRSA (pronounced Mersa). MRSA can be dangerous.

How can I protect myself from MRSA and other kinds of staph?

- Wash your hands often. Use soap and water or hand sanitizer.
- Cover open sores or wounds.
- Don't touch anybody else's sores or wounds.
- Shower or bathe often and wear clean clothes.
- Don't share personal items like towels, clothes, razors, or lotion.
- Take antibiotics only if your doctor says they are necessary.

How can I learn more?
visit http://www.scdhec.gov

DHEC
PROMOTE PROTECT PROSPER
South Carolina Department of Health and Environmental Control

DHEC Region 7
Serving Berkeley, Charleston and Dorchester counties

CR-009047 1/08