

Middle School Standards

Nearly 2.3 million teens in the U.S. tan indoors each year. Research shows that the use of tanning beds during a person's teens and twenties increases the risk of melanoma, the deadliest form of skin cancer. Teens need education on the risks of tanning and how to reduce the risk of skin cancer. "Can the Tan" promotions align with South Carolina Health and Safety Education Curriculum Standards and South Carolina Science Academic Standards. The related content standards are listed below.

South Carolina Health and Safety Education Curriculum Standards/Grades 6-8:

Standard 1: The student will comprehend concepts related to health promotion to enhance health.

- P-8.1.1 Explain the components of a personal wellness program.
- P-8.1.2 Discuss how heredity, lifestyle, behaviors, environment, and medical care influence an individual's health.

Standard 2: The student will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

- P-6.2.1 Analyze ways that peers and the media influence healthy and unhealthy behaviors.
- P-7.2.1 Explain ways that personal perceptions of social norms influence healthy and unhealthy behaviors.
- P-7.2.2 Analyze ways that environmental conditions affect personal and community health.
- P-8.2.1 Discuss the ways that social norms influence healthy and unhealthy decisions and behaviors.

Standard 3: The student will demonstrate the ability to access valid information and products and services to enhance health.

- P-6.3.1 Discuss the validity of health information, products, and services.

Standard 4: The student will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

- P-7.4.1 Demonstrate how to ask for assistance to enhance the health of self and others.

Standard 5: The student will demonstrate the ability to use decision-making skills to enhance health.

- P-6.5.1 Identify circumstances that can help or hinder healthy decision making.

Standard 6: The student will demonstrate the ability to use goal-setting skills to enhance health.

- P-6.6.1 Set a goal to develop and implement a personal health and wellness plan (for example, protecting skin from sunburn).
- P-7.6.1 Analyze ways that health goals can vary with changing abilities, priorities, and responsibilities.
- P-7.6.2 Develop a goal to adopt, maintain, or improve a personal health practice (for example, wear sunscreen).

Standard 7: The student will demonstrate the ability to practice health-enhancing behaviors and to avoid or reduce health risks.

- P-6.7.1 Explain the importance of assuming responsibility for personal health behaviors.
- P-6.7.2 Construct a plan to reduce environmental health risks in his or her school or community.
- P-7.7.1 Describe strategies to detect and treat common health problems.

Standard 8: The student will demonstrate the ability to advocate for personal, family, and consumer health.

- P-6.8.1 State a health-enhancing position on a health-related topic and support it with accurate information.
- P-7.8.1 Advocate for a healthy school, community, and natural environment.
- P-8.8.1 Demonstrate ways to encourage others to avoid risk-taking behaviors.



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