

# High School Standards

Nearly 2.3 million teens in the U.S. tan indoors each year. Research shows that the use of tanning beds during a person's teens and twenties increases the risk of melanoma, the deadliest form of skin cancer. Teens need education on the risks of tanning and how to reduce the risk of skin cancer. "Can the Tan" promotions align with South Carolina Health and Safety Education Curriculum Standards and South Carolina Science Academic Standards. The related content standards are listed below.

## *South Carolina Health and Safety Education Curriculum Standards/Grades 9-12:*

*Standard 1: The student will comprehend concepts related to health promotion to enhance health.*

- P-HS.1.1 Differentiate between risk-taking and health-promoting behaviors.
- P-HS.1.2 Evaluate his or her personal susceptibility to injury, illness, or death on the basis of genetics, family history, and health behaviors.
- P-HS.1.3 Evaluate strategies for the prevention and treatment of communicable and chronic diseases.
- P-HS.1.4 Explain the connection between personal health and access to health care.
- P-HS.1.5 Examine ways that the environment and personal health are interrelated.

*Standard 2: The student will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.*

- P-HS.2.1 Analyze the influence of family, peers, culture, the media, technology, and other factors on health behaviors.
- P-HS.2.2 Assess ways that school, community, and culture support and/or challenge health beliefs, practices, and behaviors.
- P-HS.2.3 Describe ways that environmental factors can affect the health of the community.

*Standard 2: continued*

- P-HS.2.4 Discuss ways that research and medical care influence the prevention and treatment of health problems.
- P-HS.2.5 Examine ways that public health policies, government regulations, and socioeconomic issues affect health promotion and disease prevention.

*Standard 3: The student will demonstrate the ability to access valid information and products and services to enhance health.*

- P-HS.3.1 Analyze the cost and accessibility of local health care services.

*Standard 4: The student will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.*

- Demonstrate ways to ask for assistance to enhance his or her own health (for example, ask a parent to buy sunscreen) and ways to offer assistance to enhance the health of others (for example, sit in the shade with a friend).

*Standard 5: The student will demonstrate the ability to use decision-making skills to enhance health.*

- P-HS.5.1 Examine barriers to healthy decision making.
- P-HS.5.2 Justify when individual or collaborative decision making is appropriate.

*Standard 6: The student will demonstrate the ability to use goal-setting skills to enhance health.*

- P-HS.6.1 Create a long-term personal health plan that is adaptable to changing health needs based on genetics, family history, and personal health behaviors.

*Standard 7: The student will demonstrate the ability to practice health-enhancing behaviors and to avoid or reduce health risks.*

- P-HS.7.1 Demonstrate a variety of healthy practices and behaviors that will maintain or improve the health of him- or herself and others.

*Standard 8: The student will demonstrate the ability to advocate for personal, family, and consumer health.*

- P-HS.8.1 Advocate for the promotion and protection of a healthy environment.



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