

your baby needs 39 WEEKS



If your pregnancy is healthy it's best to stay pregnant for at least 39 weeks. **The last few weeks of pregnancy are essential because:**

- important organs like the brain & lungs are still growing.
- babies born early are more likely to have learning or behavior problems later in life.
- full-term babies are less likely to have vision or hearing problems.
- Cesarean section, or C-section, is major surgery for Mom.
- babies born early are more at risk for Sudden Infant Death Syndrome.

Remember when it comes to having a healthy baby - every week counts!

To find out more go to
scdhec.gov/mch
and click **39 weeks**.



South Carolina Department of Health
and Environmental Control

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