



*Make a  
statement this  
flu season.*

*If you have HIV or AIDS, get a flu shot.*

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If you have HIV or AIDS, you are at risk of serious complications from the flu. A flu shot is your best protection against the flu this season. You can protect yourself, your family, and those around you from getting sick from the flu.



[www.cdc.gov/flu](http://www.cdc.gov/flu).