Reasons to Get the FLU SHOT

1. **The flu is highly contagious and can be dangerous**. Even for those who are healthy and active.

2. **The flu shot is safe! You can't get the flu from the shot.** The flu vaccine helps your body produce antibodies that protect you from the flu.

3. **Your shot may be FREE!** Both **Medicare** and **TRICARE** (Military) pays for the flu shot.

4. **You can get the flu shot any time during flu season (typically October-March).**

5. **Finding a flu shot provider is simple and easy!** To find a clinic in your local area, call **1-800-277-4687** or visit the SC DHEC Flu Clinic Finder online at **www.scdhec.gov/flu/clinics.asp**.

6. **Your doctor recommends preventing the flu.** Get a flu shot every flu season to stay healthy.

South Carolina Coalition for Older Adult IMMUNIZATION

The Carolinas Center for Medical Excellence
Improving health care quality since 1983

www.scdhec.gov/flu
1-800-868-0404

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South Carolina Department of Health and Environmental Control

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ML-025529 8/12