

SAMPLE PARENT LETTER



Dear Parent,

As one of our measures to protect your child's health, **Safe In The Sun** childcare facility is implementing a new sun safety policy. Our goal is to teach the children that the sun is fun when you protect yourself from harmful burning rays.

Practicing sun safety during childhood and adolescence plays an important role in the prevention of skin cancer, the most commonly diagnosed cancer in the United States. One severe sunburn during childhood can double the risk of developing skin cancer later in life.

The staff at **Safe In The Sun** childcare facility would like to work with you in providing the best possible sun protection for your child. We intend to monitor the children's time outdoors in direct sunlight and provide shade structures that will protect them when they are outdoors.

Attached is a copy of our sun safe policy and permission form to allow school staff to assist your child in applying sunscreen/lip balm during the school day.

We request you provide your child with the following:

- a wide-brimmed hat that will protect your child's face, neck and ears. Baseball hats are not recommended because they do not shield the neck, ears or cheeks.
- Ultraviolet Protective Factor (UPF) protective clothing such as lightweight long-sleeved shirts (when suitable).
- unbreakable sunglasses that offer 100% UVA and UVB protection.
- a water resistant sunscreen with a Sun Protection Factor (SPF) of 15 or higher that offers protection from UVA and UVB rays.
- lip balm with an SPF 15 or higher

Sunscreen and lip balm should be clearly labeled with your child's name in permanent marker. Hats and clothing should be clearly labeled inside with your child's first name and last initial.

Thank you for helping us protect your child from overexposure to sun. Consistently practicing sun safe behaviors can make a big difference for your child later in life. If you have any questions, please contact (*director's name*) at (*phone number*).

Sincerely,

[*Your Name*]