

# Flu Watch

# Week Ending December 8, 2012 (MMWR Week 49)

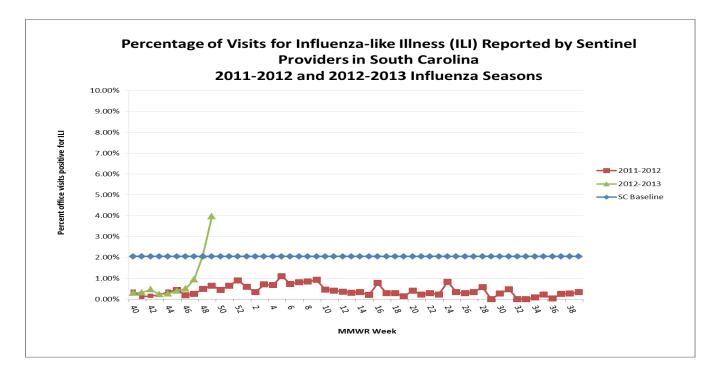
All data are provisional and may change as more reports are received.

| In this issue:                       |    | MMWR Week 49 at a Glance:  |
|--------------------------------------|----|--|
| ILINet                               | 2  | <b>Influenza Activity Level: WIDESPREAD</b><br>Note: Activity level definitions are found on page 14   |
| Virologic surveillance               | 4  | <b>ILI Activity Status (South Carolina baseline is</b><br><b>2.05%*):</b> Above baseline in the Upstate (3.21%),<br>Midlands (3.45%), and along the Coast (7.96%). The<br>state ILI percentage was 3.97%. These data reflect |
| Rapid antigen tests                  | 7  | reports from 19 (50%) providers.<br>SC Viral Isolate and RT-PCR Activity: Sixty-one  |
| Hospitalizations and deaths          | 8  | positive specimens were reported. Since 9/30/12, 146 positive specimens have been reported.  |
| Syndromic Surveillance               | 10 | <b>Positive Rapid Flu Test Activity:</b> 8459 positive rapid tests were reported. Since 9/30/12, 14,381 positive rapid tests have been reported.   |
| Activity level definitions           | 14 | <b>Hospitalizations:</b> 176 lab confirmed hospitalizations were reported. Since 9/30/12, 310 hospitalizations have been reported.   |
| SC influenza surveillance components | 15 | <b>Deaths:</b> Two lab confirmed deaths were reported.<br>Since 9/30/12, seven deaths have been reported.  |
| National Surveillance                | 16 |  |
|                                      |    |  |

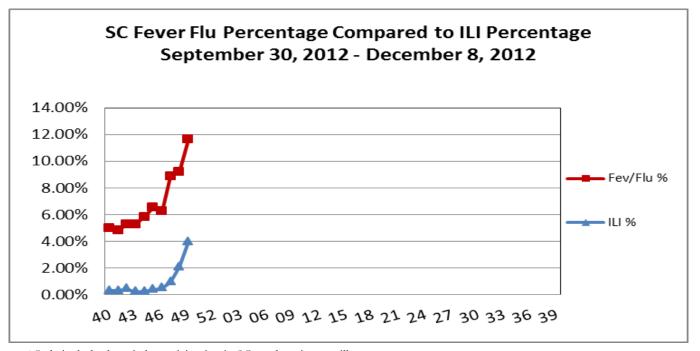
Summary of ILI Activity, Positive Confirmatory Tests, and Influenza Associated Hospitalizations and Deaths

|  | Current week | Previous week | Change from previous week |
|--|--------------|---------------|---------------------------|
| Percent of ILI visits reported by ILINet providers | 3.97%        | 2.10%         | <b>▲</b> 1.87             |
| Number of positive confirmatory tests              | 61           | 41            | ▲ 20                      |
| Number of lab confirmed flu hospitalizations       | 176          | 68            | <b>▲</b> 108              |
| Number of lab confirmed flu deaths                 | 2            | 5             | ▼ 3                       |

**During the most recent MMWR week**, 3.97% of patient visits to SC ILINet providers were due to ILI. This is above the state baseline (2.05%). This ILI percentage compares to .65 % this time last year. Reports were received from providers in 13 counties, representing 7 of the 8 regions. The statewide percentage of ER visits with fever-flu syndrome was 11.64%.



\*The SC baseline is the mean percentage of patient visits for ILI during non-influenza weeks (weeks when percent of positive lab tests was below 20%) for the previous three seasons plus two standard deviations.



\*Only includes hospitals participating in SC syndromic surveillance

http://www.scdhec.gov/flu/flu-activity-surveillance.htm

# Influenza-Like Illness Reported by Sentinel Providers December 2, 2012 – December 8, 2012

| County       | ILI %  | County       | ILI %  |
|--------------|--------|--------------|--------|
| Abbeville    |        | Greenwood    | NR     |
| Aiken        | 1.34%  | Hampton      | 2.46%  |
| Allendale    |        | Horry        | NR     |
| Anderson     | 0%     | Jasper       | NR     |
| Bamberg      |        | Kershaw      | 1.69%  |
| Barnwell     |        | Lancaster    |        |
| Beaufort     | NR     | Laurens      | NR     |
| Berkeley     | NR     | Lee          |        |
| Calhoun      |        | Lexington    | 12.36% |
| Charleston   | NR     | Marion       |        |
| Cherokee     |        | Marlboro     |        |
| Chester      |        | McCormick    | 8.90%  |
| Chesterfield |        | Newberry     |        |
| Clarendon    |        | Oconee       |        |
| Colleton     |        | Orangeburg   |        |
| Darlington   |        | Pickens      | NR     |
| Dillon       | NR     | Richland     | 4.21%  |
| Dorchester   | NR     | Saluda       | .65%   |
| Edgefield    |        | Spartanburg  | .36%   |
| Fairfield    |        | Sumter       | NR     |
| Florence     | .47%   | Union        |        |
| Georgetown   | 10.07% | Williamsburg |        |
| Greenville   | 3.41%  | York         | 7.41%  |

NR: No reports received ----: No enrolled providers



| Geographic Region    | ILI % | # of<br>Reporters |
|----------------------|-------|-------------------|
| Upstate-Regions 1 -2 | 3.21  | 7                 |
| Midlands-Regions 3-5 | 3.45  | 7                 |
| Coastal-Regions 6-8  | 7.96  | 2                 |

\*County ILI percentages are affected by the number of reporting providers within that county.

| Positive confirmatory influenza test results*<br>Current MMWR Week (12/2/12 – 12/8/12) |     |                        |  |  |  |  |  |
|--|-----|------------------------|--|--|--|--|--|
|  | BOL | Other clinical<br>labs |  |  |  |  |  |
| Number of specimens tested   | 53  | NA                     |  |  |  |  |  |
| Number of positive specimens   | 39  | 22                     |  |  |  |  |  |
| Influenza A unsubtyped   |     | 4                      |  |  |  |  |  |
| Influenza A H1N1   |     |                        |  |  |  |  |  |
| Influenza A H3N2   | 37  | 18                     |  |  |  |  |  |
| Influenza B  | 2   |                        |  |  |  |  |  |
| Other  |     |                        |  |  |  |  |  |

Includes culture, RT-PCR, DFA, and IFA

During the previous MMWR week, 61 positive specimens were reported.

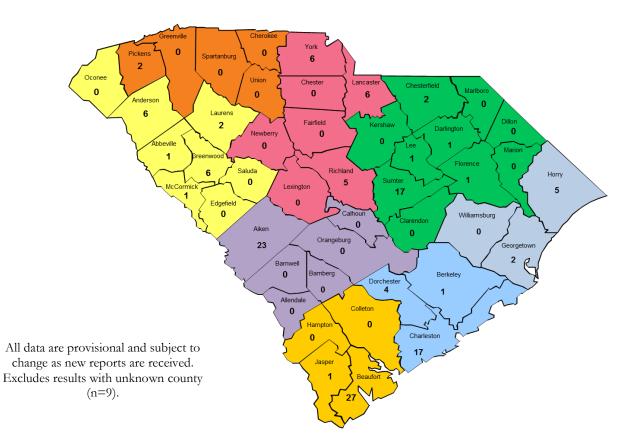
| Positive confirmatory influenza test results*<br>Cumulative (09/30/12 – 12/8/12) |                     |            |  |  |  |  |  |
|--|---------------------|------------|--|--|--|--|--|
|  | Other clinical labs |            |  |  |  |  |  |
| Number of specimens tested   | 122                 | NA         |  |  |  |  |  |
| Number of positive specimens   | 88 (72.1%)          | 58         |  |  |  |  |  |
| Influenza A unsubtyped   |                     | 23 (39.7%) |  |  |  |  |  |
| Influenza A H1N1   | 13 (14.8%)          | 3 (5.2%)   |  |  |  |  |  |
| Influenza A H3N2   | 68 (77.3%)          | 30 (51.7%) |  |  |  |  |  |
| Influenza B  | 7 (8%)              | 2 (3.4%)   |  |  |  |  |  |
| Other  |                     |            |  |  |  |  |  |

Includes culture, RT-PCR, DFA, and IFA

| County       | Positive Tests | County     | Positive Tests | County       | <b>Positive Tests</b> |
|--------------|----------------|------------|----------------|--------------|-----------------------|
| Abbeville    | 1              | Dillon     |                | Marion       |                       |
| Aiken        | 4              | Dorchester | 4              | Marlboro     |                       |
| Allendale    |                | Edgefield  |                | McCormick    | 1                     |
| Anderson     | 6              | Fairfield  |                | Newberry     |                       |
| Bamberg      |                | Florence   |                | Oconee       |                       |
| Barnwell     |                | Georgetown | 2              | Orangeburg   |                       |
| Beaufort     | 8              | Greenville |                | Pickens      | 1                     |
| Berkeley     |                | Greenwood  | 2              | Richland     | 2                     |
| Calhoun      |                | Hampton    |                | Saluda       |                       |
| Charleston   | 9              | Horry      | 4              | Spartanburg  |                       |
| Cherokee     |                | Jasper     |                | Sumter       | 5                     |
| Chester      |                | Kershaw    |                | Union        |                       |
| Chesterfield |                | Lancaster  |                | Williamsburg |                       |
| Clarendon    |                | Laurens    | 1              | York         | 5                     |
| Colleton     |                | Lee        | 1              | Unknown      | 4                     |
| Darlington   | 1              | Lexington  |                |              |                       |

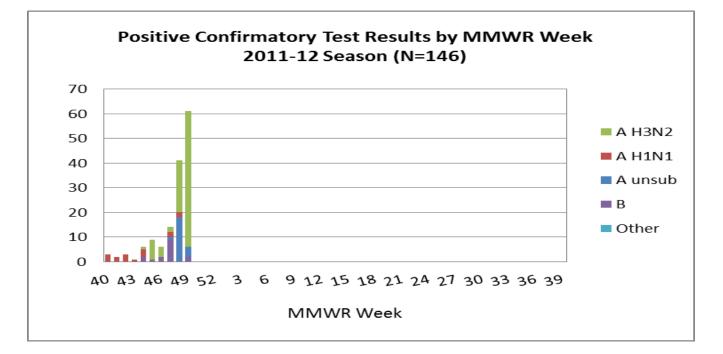
# Positive Confirmatory Tests by County Current Week 12/2/12 – 12/8/12

# Map of Positive Confirmatory Tests by County Cumulative 09/30/12 – 12/8/12



|            | Α    | Α    | В | Α     | Unk |              | Α    | Α    | В | Α     | Unk |
|------------|------|------|---|-------|-----|--------------|------|------|---|-------|-----|
|            | H1N1 | H3N2 |   | Unsub |     |              | H1N1 | H3N2 |   | Unsub |     |
| Region 1   |      | 1    |   |       |     | Region 2     |      |      |   |       |     |
| Abbeville  |      |      |   |       |     | Cherokee     |      |      |   |       |     |
| Anderson   |      | 6    |   |       |     | Greenville   |      |      |   |       |     |
| Edgefield  |      |      |   |       |     | Pickens      |      | 2    |   |       |     |
| Greenwood  |      | 2    |   |       |     | Spartanburg  |      |      |   |       |     |
| Laurens    |      | 6    |   |       |     | Union        |      |      |   |       |     |
| McCormick  |      | 1    |   |       |     | Region 4     |      |      |   |       |     |
| Oconee     |      |      |   |       |     | Chesterfield |      | 1    | 1 |       |     |
| Saluda     |      |      |   |       |     | Clarendon    |      |      |   |       |     |
| Region 3   |      |      |   |       |     | Darlington   |      | 1    |   |       |     |
| Chester    |      |      |   |       |     | Dillon       |      |      |   |       |     |
| Fairfield  |      |      |   |       |     | Florence     |      | 1    |   |       |     |
| Lancaster  |      | 5    |   | 1     |     | Kershaw      |      |      |   |       |     |
| Lexington  |      |      |   |       |     | Lee          |      | 1    |   |       |     |
| Newberry   |      |      |   |       |     | Marion       |      |      |   |       |     |
| Richland   |      | 2    | 2 | 1     |     | Marlboro     |      |      |   |       |     |
| York       | 1    | 4    | 1 |       |     | Sumter       |      | 17   |   |       |     |
| Region 5   |      |      |   |       |     | Region 6     |      |      |   |       |     |
| Aiken      | 1    | 2    |   | 20    |     | Georgetown   |      | 2    |   |       |     |
| Allendale  |      |      |   |       |     | Horry        |      | 24   |   |       |     |
| Bamberg    |      |      |   |       |     | Williamsburg |      |      |   |       |     |
| Barnwell   |      |      |   |       |     | Region 8     |      |      |   |       |     |
| Calhoun    |      |      |   |       |     | Beaufort     | 15   | 10   | 2 |       |     |
| Orangeburg |      |      |   |       |     | Colleton     |      |      |   |       |     |
| Region 7   |      |      | 1 |       |     | Hampton      |      |      |   |       |     |
| Berkeley   |      |      |   |       |     | Jasper       |      | 1    |   |       |     |
| Charleston |      | 16   | 1 |       |     | - 1          |      |      |   |       |     |
| Dorchester |      | 4    |   |       |     | Unknown      |      | 8    | 1 |       |     |

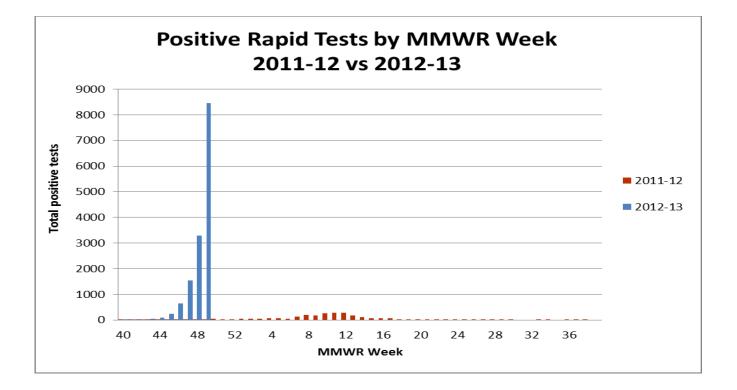
# Positive Confirmatory Tests by County and Type Cumulative 9/30/12 – 12/8/12

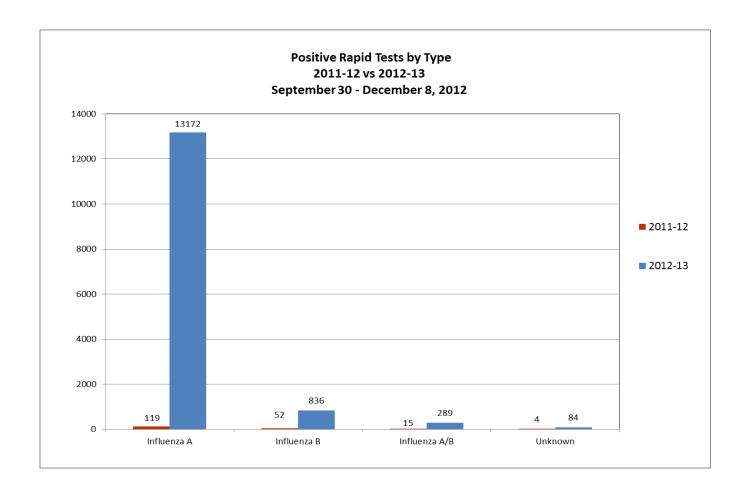


**During the past MMWR week,** 8459 positive rapid antigen tests were reported. Of these, 7928 were influenza A, 338 were influenza B, 176 were influenza A/B, and 17 were unknown. This compares to 17 this time last year. 14,381 positive rapid tests have been reported this year.

| County       | Positive Tests | County     | <b>Positive Tests</b> | County       | <b>Positive Tests</b> |
|--------------|----------------|------------|-----------------------|--------------|-----------------------|
| Abbeville    | 38             | Dillon     | 33                    | Lexington    | 563                   |
| Aiken        | 226            | Dorchester | 154                   | Marion       | 13                    |
| Allendale    |                | Edgefield  |                       | Marlboro     | 6                     |
| Anderson     | 674            | Fairfield  | 14                    | McCormick    |                       |
| Bamberg      | 24             | Florence   | 336                   | Newberry     | 45                    |
| Barnwell     | 34             | Georgetown | 182                   | Oconee       | 162                   |
| Beaufort     | 104            | Greenville | 1171                  | Orangeburg   |                       |
| Berkeley     | 70             | Greenwood  | 219                   | Pickens      | 293                   |
| Calhoun      |                | Hampton    |                       | Richland     | 887                   |
| Charleston   | 263            | Horry      | 447                   | Saluda       |                       |
| Cherokee     | 52             | Jasper     | 29                    | Spartanburg  | 337                   |
| Chester      | 88             | Kershaw    | 288                   | Sumter       | 131                   |
| Chesterfield | 34             | Lancaster  | 266                   | Union        | 28                    |
| Clarendon    | 47             | Laurens    | 38                    | Williamsburg |                       |
| Colleton     | 52             | Lee        | 5                     | York         | 907                   |
| Darlington   | 199            |            |                       |              |                       |

# Positive Rapid Flu Tests by County December 2, 2012 – December 8, 2012



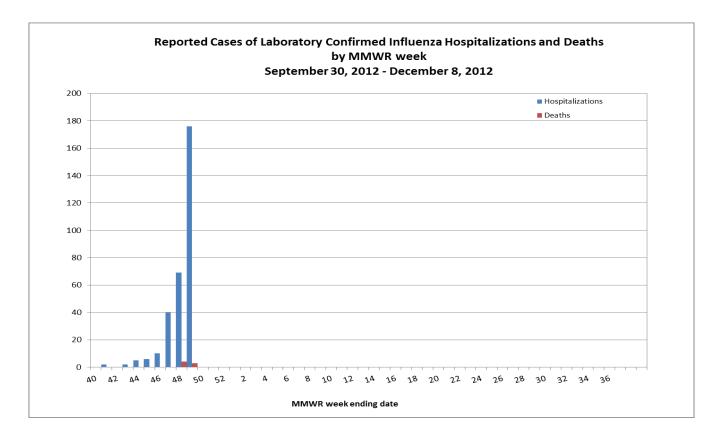


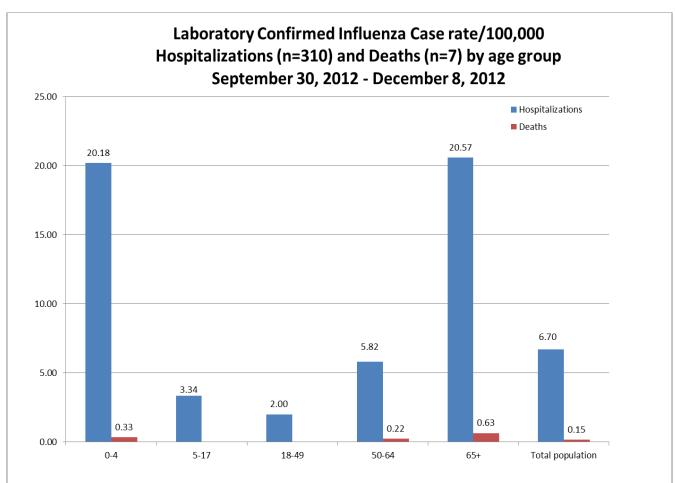
# IV. Influenza hospitalizations and deaths

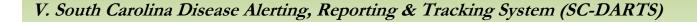
**During the past MMWR week**, 176 lab confirmed\* influenza hospitalizations were reported. Two lab confirmed deaths were reported.

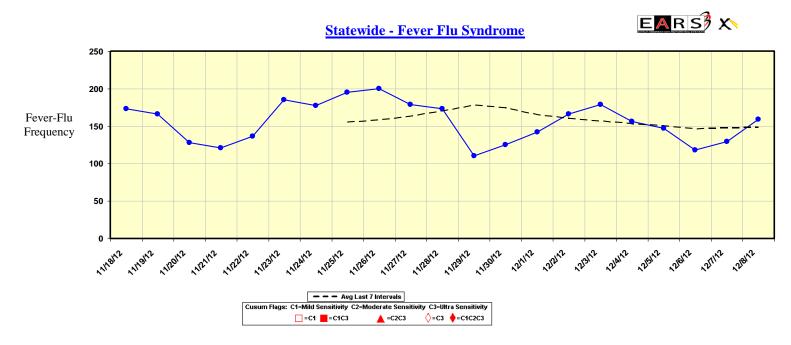
|                          | Total number*                     |                             |  |  |  |  |
|--------------------------|-----------------------------------|-----------------------------|--|--|--|--|
| Number of Reporting      | 55                                |                             |  |  |  |  |
| Hospitals (Current week) |                                   |                             |  |  |  |  |
|                          |                                   |                             |  |  |  |  |
|                          | Current MMWR Week (12/2- 12/8/12) | Cumulative (since 09/30/12) |  |  |  |  |
| Hospitalizations         | 176                               | 310                         |  |  |  |  |
|                          |                                   |                             |  |  |  |  |
| Deaths                   | 2                                 | 7                           |  |  |  |  |

\*These data are provisional. Lab confirmation for hospitalizations and deaths includes culture, PCR, DFA, IFA, and rapid test.









### **Cumulative Sums Analysis (CUSUM):**

C1 = Flags because of sharp rise in counts from 1 day to the next

C2 = Flags because of aberrant, initial, rapid rise in counts and peak in counts

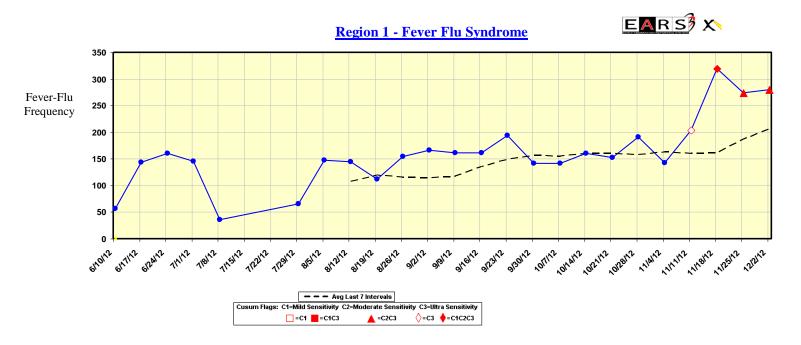
C3 = Flags because of a gradual rise in counts over a short time

The SC Statewide Fever-Flu Syndrome graph above illustrates the <u>daily</u> counts of hospital emergency department (ED) visits with an Influenza-like Illness (ILI) for the past 21 days. A total of <u>21 hospital</u> facilities are reporting to the SC-DARTS system. These 21 include: AnMed Health (Region 1); Self Regional (Region 1); Oconee Medical Center (Region 1); Palmetto Health Alliance (Region 2 & 3); Greenville Hospital System (Region 2); Kershaw Health (Region 4); McLeod Health (Region 4); Elgin Urgent Care (Region 4); Medical University of South Carolina (Region 7); Roper (Region 7); St. Francis (Region 7); Trident (Region 7); Colleton (Region 8); and Hampton Regional (Region 8).

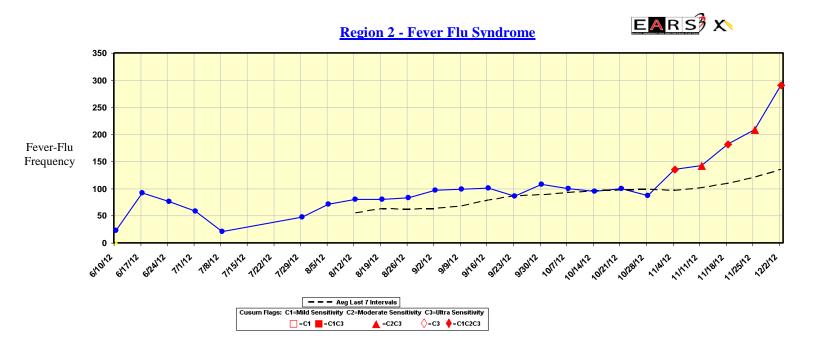
### Statewide CUSUM Flag Alerts Description:

No flags for the past week.

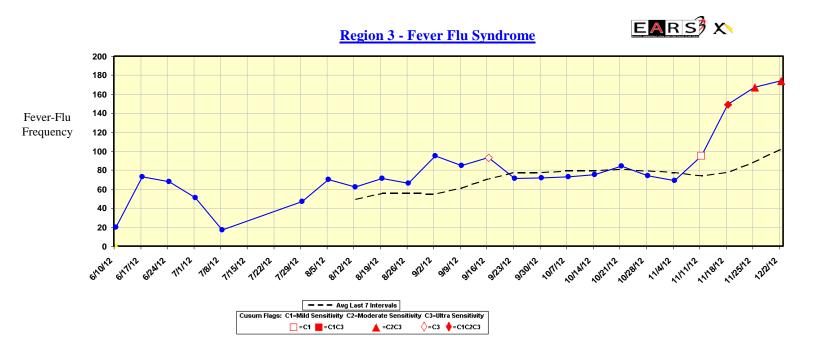
Below are the fever-flu syndrome graphs by Region for the past 180 days (weekly interval).



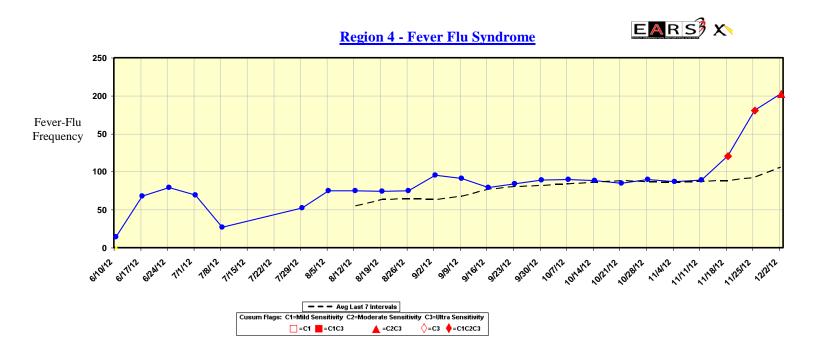
Region1 Hospitals (# of Facilities): AnMed Health (3); Self-Regional (1); Oconee Medical Center (1);



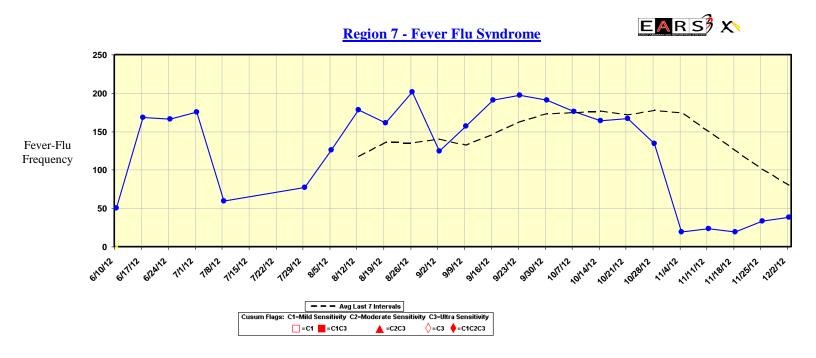


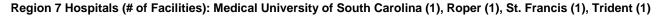


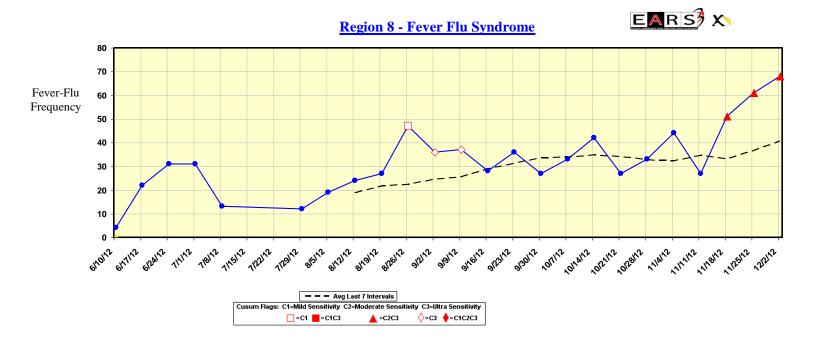
Region 3 Hospitals (# of Facilities): Palmetto Health Baptist (1), Palmetto Health Richland (1)



Region 4 Hospitals (# of Facilities): Kershaw Health (1); McLeod Health (1); Elgin Urgent Care (1)







Region 8 Hospitals (# of Facilities): Hampton Regional (1), Colleton (1)

# VI. Influenza activity levels

| Activity Level | ILI activity/Outbreaks   |     | Laboratory data  |  |  |  |
|----------------|--|-----|--|--|--|--|
| No activity    | Low  | And | No lab confirmed cases   |  |  |  |
|                | Not increased  | And | Isolated lab-confirmed cases   |  |  |  |
| Sporadic       |  |     | OR   |  |  |  |
|                | Not increased  | And | Lab confirmed outbreak in one institution  |  |  |  |
|                | Increased ILI in 1 region; ILI<br>activity in other regions is not<br>increased  | And | Recent (within the past 3 weeks) lab evidence of influenza in region with increased ILI  |  |  |  |
|                | OR   |     |  |  |  |  |
| Local          | 2 or more institutional<br>outbreaks (ILI or lab<br>confirmed) in 1 region; ILI<br>activity in other regions is not<br>increased | And | Recent (within the past 3 weeks) lab evidence of<br>influenza in region with the outbreaks; virus activity is<br>no greater than sporadic in other regions |  |  |  |
|                | Increased ILI in 2-3 regions   | And | Recent (within the past 3 weeks) lab confirmed influenza in the affected regions   |  |  |  |
| Regional       | OR   |     |  |  |  |  |
|                | Institutional outbreaks (ILI or lab confirmed) in 2-3 regions  | And | Recent (within the past 3 weeks) lab confirmed influenza in the affected regions   |  |  |  |
| Widespread     | Increased ILI and/or<br>institutional outbreaks (ILI or<br>lab confirmed) in at least 4 of<br>the regions                        | And | Recent (within the past 3 weeks) lab confirmed influenza in the state.   |  |  |  |

# VII. South Carolina Influenza Surveillance Components

South Carolina influenza surveillance consists of mandatory and voluntary reporting systems for year-round influenza surveillance. These networks provide information on influenza virus strain and subtype and influenza disease burden.

# Mandatory Reporting

### Positive confirmatory test reporting

Positive influenza culture, PCR, DFA, and IFA results from commercial laboratories should be reported to DHEC within 7 days electronically via CHESS or using a DHEC 1129 card.

### Positive rapid antigen test reporting

*Summary numbers* of positive rapid influenza tests and influenza type identified should be sent to theU<u>regional</u>U health department by fax or email before noon on Monday for the preceding week.

# Influenza death reporting

Lab confirmed influenza deaths in adults should be reported to DHEC within 7 days. Lab confirmed influenza deaths in children under age 18 should be reported within 24 hours. These include results from viral culture, PCR, rapid flu tests, DFA, IFA or autopsy results consistent with influenza. Hospitals should report deaths to their regional health department by noon on Monday for the preceding week.

# Influenza hospitalizations

DHEC requires weekly submission of laboratory confirmed influenza hospitalizations. Hospitals should report these to their <u>regional</u> health department by noon on Monday for the preceding week.

For additional information about ILINet or to become an ILINet provider, contact the Acute Disease Epidemiology influenza surveillance coordinator at springcb@dhec.sc.gov.

# Voluntary Networks

# Influenza-Like Illness (ILINet) Sentinel Providers Network

ILINet focuses on the number of patients presenting with influenza-like symptoms in the absence of another known cause. ILI is defined as fever (temperature of U $\geq$ U100°F) plus a cough and/or a sore throat in the absence of another known cause. Providers submit weekly reports to the CDC of the total number of patients seen in a week and the subset number of those patients with ILI symptoms by age group.

South Carolina Disease Alerting, Reporting & Tracking System (SC-DARTS)

SC-DARTS is a collaborative network of syndromic surveillance systems within South Carolina. Currently our network contains the following data sources: SC Hospital Emergency Department (ED) chief-complaint data, Poison Control Center call data, Over-the-Counter (OTC) pharmaceutical sales surveillance, and CDC's BioSense Biosurveillance system. The hospital ED syndromic surveillance system classifies ED chief complaint data into appropriate syndrome categories (ex: Respiratory, GI, Fever, etc.). These syndrome categories are then analyzed using the cumulative sum (CUSUM) methodology to detect any significant increases. Syndromic reports are distributed back to the hospital on a daily basis.

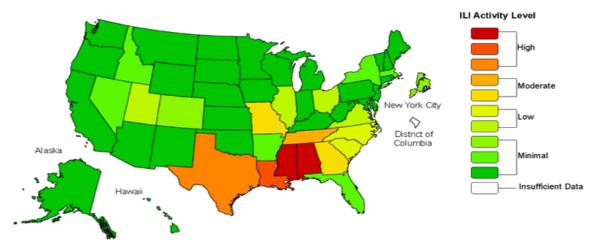
To join the SC-DARTS system or for more information, please contact: Alecia Alianell at 803-898-0269 or alianeat@dhec.sc.gov.

# VIII. National Surveillance MMWR Week 48 (11/25-12/1)

During week 48 (November 25-December 1), influenza activity increased in the U.S.

- <u>Viral Surveillance</u>: Of 5,511 specimens tested and reported by U.S. World Health Organization (WHO) and National Respiratory and Enteric Virus Surveillance System (NREVSS) collaborating laboratories during week 48, 1,139 (20.7%) were positive for influenza.
- **Pneumonia and Influenza Mortality:** The proportion of deaths attributed to pneumonia and influenza (P&I) was below the epidemic threshold.
- **Influenza-associated Pediatric Deaths:** Three influenza-associated pediatric deaths were reported. One of these deaths was associated with an influenza B virus and two were associated with influenza A viruses for which the subtype was not determined.
- Outpatient Illness Surveillance: The proportion of outpatient visits for influenza-like illness (ILI) was 1.9%, which is below the national baseline of 2.2%. Three regions reported ILI above region-specific baseline levels. Four states experienced high ILI activity, three states experienced moderate ILI activity; 6 states experienced low ILI activity; New York City and 37 states experienced minimal ILI activity, and the District of Columbia had insufficient data.
- <u>Geographic Spread of Influenza</u>: The geographic spread of influenza in 8 states was reported as widespread; 15 states reported regional activity; 15 states reported local activity; the District of Columbia, Guam, and 12 states reported sporadic activity, and Puerto Rico and the U.S. Virgin Islands did not report.

A description of surveillance methods is available at: http://www.cdc.gov/flu/weekly/overview.htm



Influenza-Like Illness (ILI) Activity Level Indicator Determined by Data Reported to ILINet 2012-13 Influenza Season Week 48 ending Dec 01, 2012

\*This map uses the proportion of outpatient visits to health care providers for influenza-like illness to measure the ILI activity level within a state. It does not, however, measure the extent of geographic spread of flu within a state. Therefore, outbreaks occurring in a single city could cause the state to display high activity levels.

Data collected in ILINet may disproportionately represent certain populations within a state, and therefore, may not accurately depict the full picture of influenza activity for the whole state.

Data displayed in this map are based on data collected in ILINet, whereas the State and Territorial flu activity map are based on reports from state and territorial epidemiologists. The data presented in this map is preliminary and may change as more data is received.

Differences in the data presented here by CDC and independently by some state health departments likely represent differing levels of data completeness with data presented by the state likely being the more complete.