

# Flu Watch

# Week Ending April 13, 2013 (MMWR Week 15)

All data are provisional and may change as more reports are received.

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#### MMWR Week 15 at a Glance:

Influenza Activity Level: SPORADIC

Note: Activity level definitions are found on page 14

ILI Activity Status (South Carolina baseline is 2.05%\*): Below baseline in the Upstate Region (.38%), the Midlands Region (.57%), and the Pee Dee Region (.63%). No reports were received from the Low Country Region. The state ILI percentage was .48%. These data reflect reports from 14 (43.8%) providers.

**SC Viral Isolate and RT-PCR Activity:** 26 positive specimens were reported. Since 9/30/12, 1153 positive specimens have been reported.

**Positive Rapid Flu Test Activity:** 1074 positive rapid tests were reported. Since 9/30/12, 57,528 positive rapid tests have been reported.

**Hospitalizations:** 24 lab confirmed hospitalizations were reported. Since 9/30/12, 1689 hospitalizations have been reported.

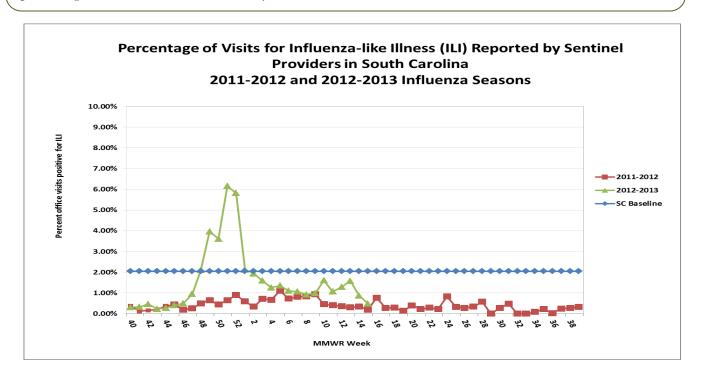
**Deaths:** No lab confirmed deaths were reported. Since 9/30/12, 43 deaths have been reported.

Summary of ILI Activity, Positive Confirmatory Tests, and Influenza Associated Hospitalizations and Deaths

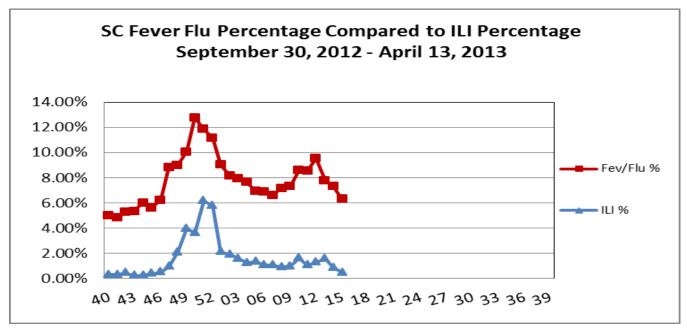
	Current week	Previous week	Change from previous week
Percent of ILI visits reported by ILINet providers	.48%	.86%	▼ .38
Number of positive confirmatory tests	26	36	<b>V</b> 10
Number of lab confirmed flu hospitalizations	24	49	<b>V</b> 25
Number of lab confirmed flu deaths	0	1	<b>V</b> 1

## I. ILINet Influenza-Like Illness Surveillance

**During the most recent MMWR week**, .48% of patient visits to SC ILINet providers were due to ILI. This is below the state baseline **(2.05%)**. This ILI percentage compares to .20 % this time last year. Reports were received from providers in 11 counties, representing 3 of the 4 regions. The statewide percentage of ER visits with fever-flu syndrome was 7.39%.



\*The SC baseline is the mean percentage of patient visits for ILI during non-influenza weeks (weeks when percent of positive lab tests was below 20%) for the previous three seasons plus two standard deviations.



<sup>\*</sup>Only includes hospitals participating in SC syndromic surveillance

# Influenza-Like Illness Reported by Sentinel Providers April 7, 2013 – April 13, 2013

County	ILI %	County	ILI %
Abbeville		Greenwood	NR
Aiken	0%	Hampton	NR
Allendale		Horry	NR
Anderson	3.92%	Jasper	NR
Bamberg		Kershaw	1.61%
Barnwell		Lancaster	
Beaufort	NR	Laurens	NR
Berkeley	NR	Lee	
Calhoun		Lexington	2.50%
Charleston	NR	Marion	
Cherokee		Marlboro	
Chester		McCormick	NR
Chesterfield		Newberry	
Clarendon		Oconee	
Colleton		Orangeburg	
Darlington		Pickens	3.03%
Dillon	NR	Richland	.14%
Dorchester	NR	Saluda	0%
Edgefield		Spartanburg	.32%
Fairfield		Sumter	NR
Florence	.63%	Union	
Georgetown	NR	Williamsburg	
Greenville	.33%	York	1.80%

NR: No reports received ---: No enrolled providers

Region	ILI %	# of Reporters
Upstate (Light blue)	.38	6
Midlands (Red)	.57	6
Pee Dee (Yellow)	.63	2
Low Country (Dark blue)	-	0



<sup>\*</sup>County ILI percentages are affected by the number of reporting providers within that county.

Positive confirmatory influenza test results* Current MMWR Week (4/7/13 – 4/13/13)					
	BOL	Other clinical labs			
Number of specimens tested	6	-			
Number of positive specimens	2	24			
Influenza A unsubtyped		2			
Influenza A H1N1		1			
Influenza A H3N2					
Influenza B	2	21			
Other					

Includes culture, RT-PCR, DFA, and IFA

During the previous MMWR week, 26 positive specimens were reported.

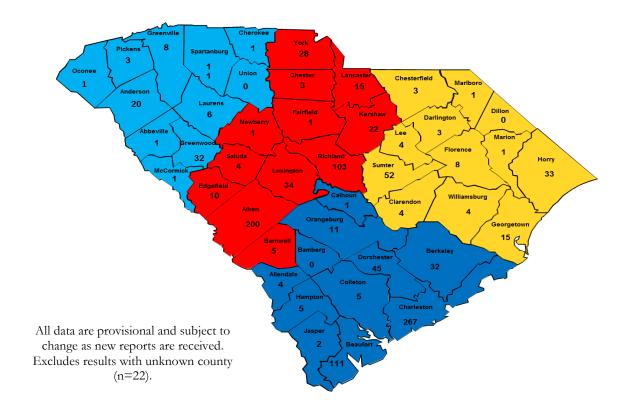
Positive confirmatory influenza test results* Cumulative (09/30/12 – 4/13/13)					
	BOL	Other clinical labs			
Number of specimens tested	487	NA			
Number of positive specimens	315 (64.7%)	838			
Influenza A unsubtyped		322 (38.4%)			
Influenza A H1N1	24 (7.6%)	17 (2.0)			
Influenza A H3N2	245 (77.8%)	311 (37.1%)			
Influenza B	46 (14.6%)	185 (22.1%)			
Other		3 (.36%)			

Includes culture, RT-PCR, DFA, and IFA

# Positive Confirmatory Tests by County Current Week 4/7/13 – 4/13/13

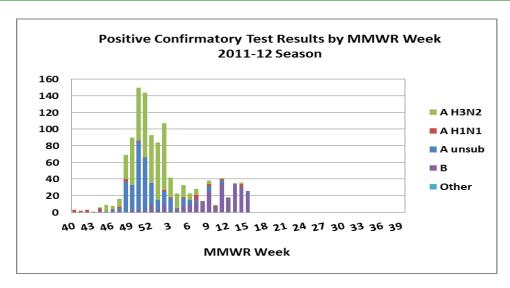
County	Positive Tests	County	Positive Tests	County	Positive Tests
Abbeville		Dillon		Marion	
Aiken	4	Dorchester		Marlboro	
Allendale		Edgefield		McCormick	
Anderson		Fairfield	1	Newberry	
Bamberg		Florence		Oconee	
Barnwell		Georgetown		Orangeburg	
Beaufort		Greenville		Pickens	
Berkeley	2	Greenwood	1	Richland	
Calhoun		Hampton		Saluda	3
Charleston	7	Horry	2	Spartanburg	2
Cherokee		Jasper		Sumter	1
Chester		Kershaw		Union	
Chesterfield		Lancaster	2	Williamsburg	
Clarendon		Laurens		York	1
Colleton		Lee		Unknown	
Darlington		Lexington			

Map of Positive Confirmatory Tests by County Cumulative 09/30/12 - 4/13/13



# Positive Confirmatory Tests by County and Type Cumulative 9/30/12 – 4/13/13

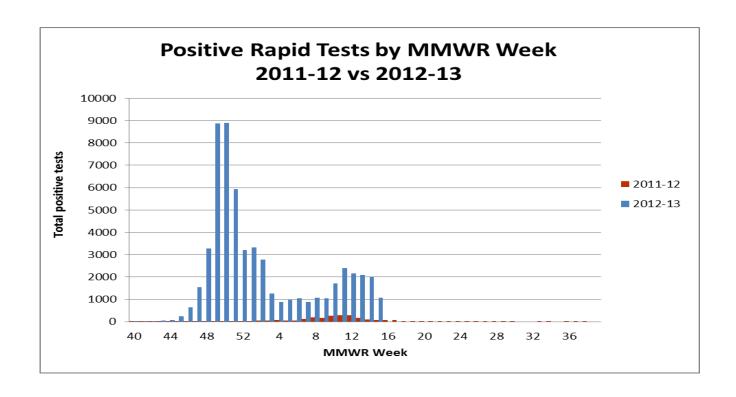
	A H1N1	A H3N2	В	A Unsub	Unk		A H1N1	A H3N2	В	A Unsub	Unk
					Up	state					
Abbeville		1			_	McCormick		1			
Anderson		8	6	5	1	Oconee		1			
Cherokee				1		Pickens		3			
Greenwood		22	8	3		Spartanburg	2		5	4	
Greenville		2	1	5		Union					
Laurens		2		4							
					Mid	llands					
Aiken	5	3	49	143	1	Lancaster		3	5	7	
Barnwell			2	3		Lexington		5	5	24	
Chester			1	2		Newberry				1	
Edgefield		1	3	6		Richland	3	16	24	60	
Fairfield			1			Saluda			3		
Kershaw	2	8	7	4		York	1	13	4	13	
					Pee	Dee					
Chesterfield		1	1	1		Horry	2	19	5	7	
Clarendon	1	2	1			Lee		2		2	
Darlington		1	1	1		Marion			1		
Dillon						Marlboro		1			
Florence		1	2	5		Sumter		32	16	4	
Georgetown		5	10			Williamsburg			1	3	
					Low (	Country					
Allendale	4					Colleton			5		
Bamberg						Dorchester		38	7		
Beaufort	17	80	8	8	1	Hampton		2	1	2	
Berkeley		17	15			Jasper		2			
Calhoun				1		Orangeburg		4	3	3	
Charleston	3	214	41	8		3 6					
Unknown		16	4	2							

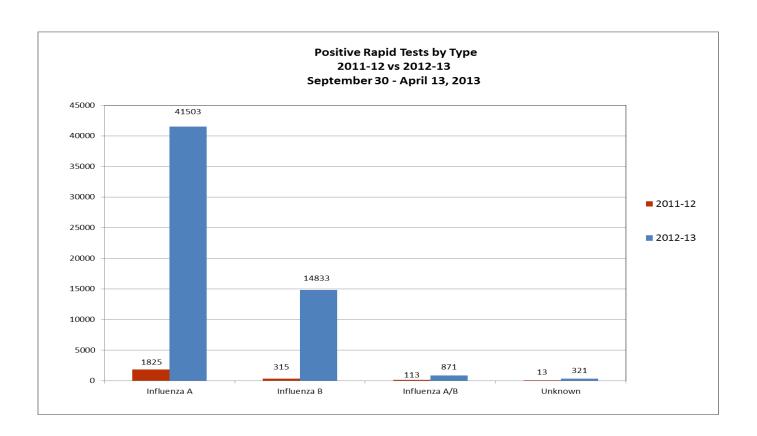


**During the past MMWR week,** 1074 positive rapid antigen tests were reported. Of these, 212 were influenza A, 836 were influenza B, and 26 were influenza A/B. This compares to 77 this time last year. 57,528 positive rapid tests have been reported this year.

Positive Rapid Flu Tests by County April 7, 2013 – April 13, 2013

County	Positive Tests	County	Positive Tests	County	Positive Tests
Abbeville		Dillon		Lexington	32
Aiken	4	Dorchester	64	Marion	5
Allendale	3	Edgefield	5	Marlboro	4
Anderson	21	Fairfield	83	McCormick	
Bamberg		Florence		Newberry	9
Barnwell	2	Georgetown	65	Oconee	6
Beaufort	28	Greenville	136	Orangeburg	25
Berkeley	48	Greenwood	32	Pickens	2
Calhoun		Hampton		Richland	88
Charleston	153	Horry	45	Saluda	
Cherokee	7	Jasper		Spartanburg	32
Chester		Kershaw	40	Sumter	21
Chesterfield	5	Lancaster	5	Union	
Clarendon	14	Laurens		Williamsburg	5
Colleton	6	Lee	1	York	61
Darlington	17				



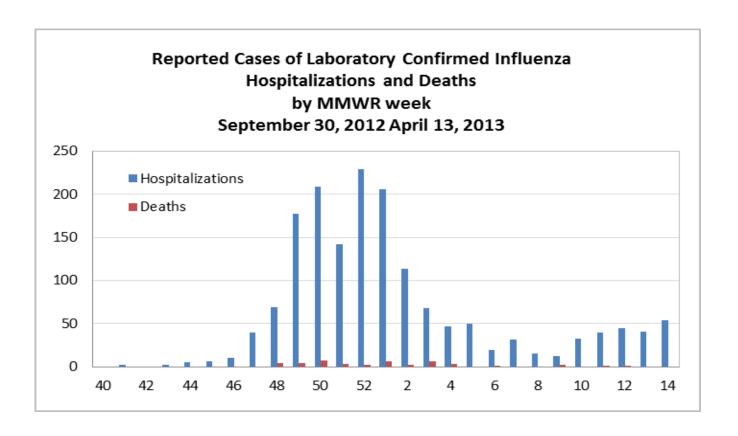


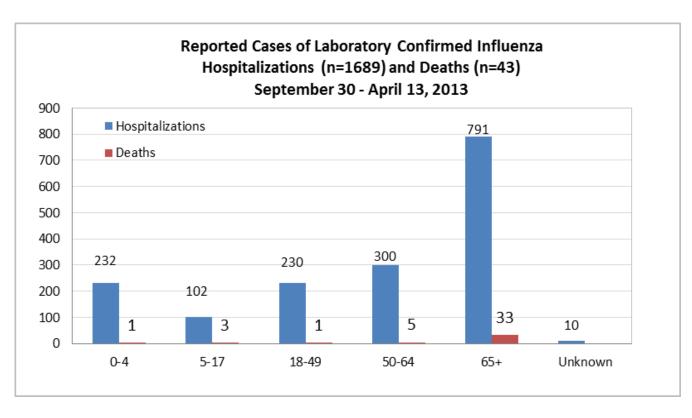
# IV. Influenza hospitalizations and deaths

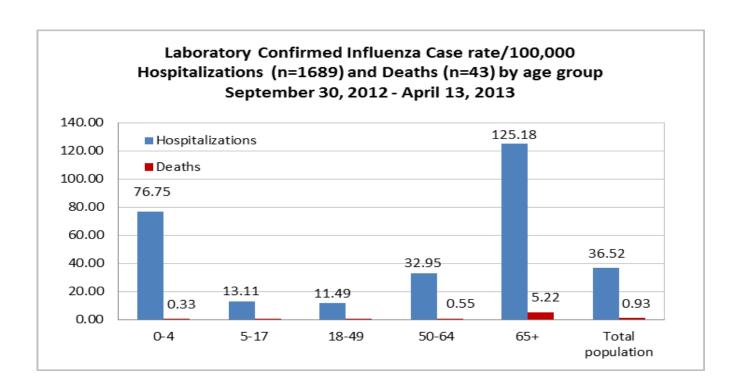
**During the past MMWR week**, 23 lab confirmed\* influenza hospitalizations were reported. No lab confirmed deaths were reported.

	Total number*			
Number of Reporting	50			
Hospitals (Current week)				
	Current MMWR Week (4/7/13-4/13/13)	Cumulative (since 09/30/12)		
Hospitalizations	24	1688		
Deaths	0	43		

<sup>\*</sup>These data are provisional. Lab confirmation for hospitalizations and deaths includes culture, PCR, DFA, IFA, and rapid test.

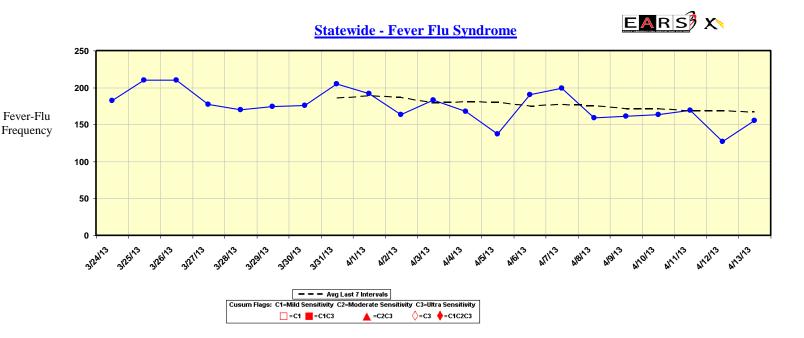






Lab Confirmed Influenza Deaths by County September 30, 2012 – April 13, 2013							
County	Deaths	County	Deaths				
Aiken	4	Lexington	4				
Barnwell	1	McCormick	1				
Beaufort	2	Newberry	1				
Charleston	1	Oconee	4				
Cherokee	1	Pickens	3				
Clarendon	1	Richland	4				
Georgetown	1	Spartanburg	2				
Greenville	6	Sumter	2				
Horry	1	Williamsburg	1				
Jasper	1	York	2				
Total Deaths		43					

# V. South Carolina Disease Alerting, Reporting & Tracking System (SC-DARTS)



#### **Cumulative Sums Analysis (CUSUM):**

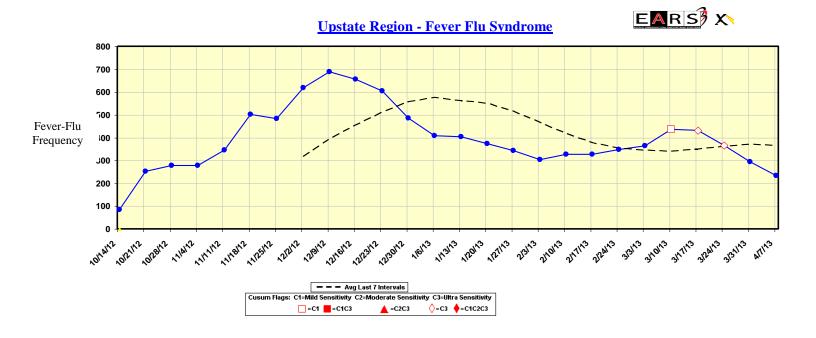
- C1 = Flags because of sharp rise in counts from 1 day to the next
- C2 = Flags because of aberrant, initial, rapid rise in counts and peak in counts
- C3 = Flags because of a gradual rise in counts over a short time

The SC Statewide Fever-Flu Syndrome graph above illustrates the <u>daily</u> counts of hospital emergency department (ED) visits with an Influenza-like Illness (ILI) for the past 21 days. A total of <u>21 hospital</u> facilities are reporting to the SC-DARTS system. These 21 include: AnMed Health (Upstate Region); Self Regional (Upstate Region); Oconee Medical Center (Upstate Region); Palmetto Health Alliance (Upstate and Midlands Regions); Greenville Hospital System (Upstate Region); Kershaw Health (Midlands Region); McLeod Health (Pee Dee Region); Elgin Urgent Care (Midlands Region); Medical University of South Carolina (Low Country Region); Roper (Low Country Region); St. Francis (Low Country Region); Trident (Low Country Region); Colleton (Low Country Region); and Hampton Regional (Low Country Region).

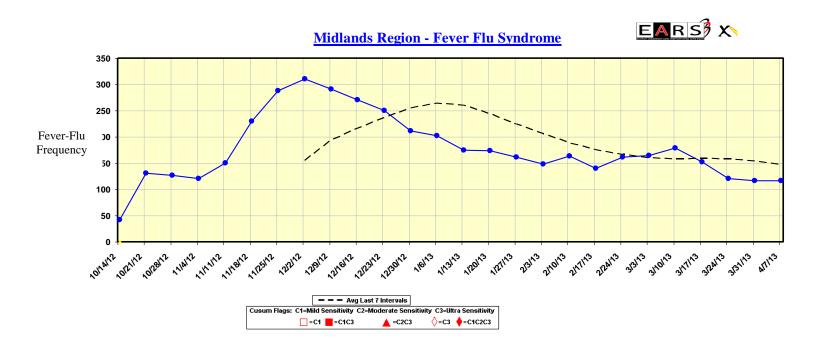
#### **Statewide CUSUM Flag Alerts Description:**

No flags for the past week.

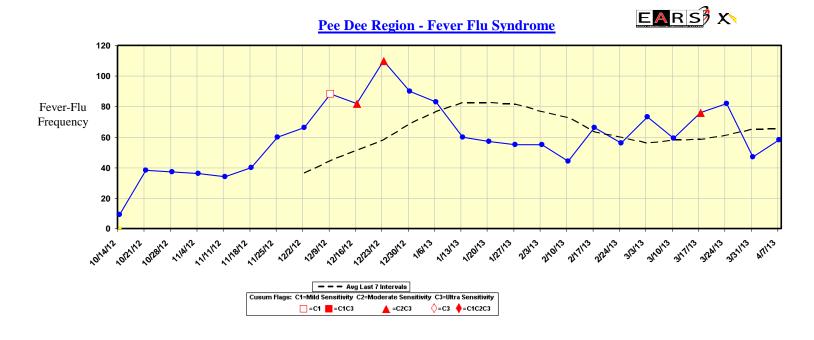
Below are the fever-flu syndrome graphs by Region for the past 180 days (weekly interval).



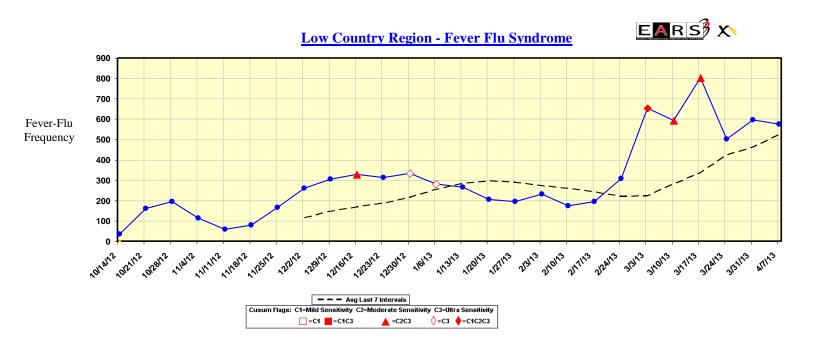
Upstate Region Hospitals (# of Facilities): AnMed Health (3); Self-Regional (1); Oconee Medical Center (1); Greenville Hospital System (4); Palmetto Health Easley (1)



Midlands Region Hospitals (# of Facilities): Palmetto Health Baptist (1); Palmetto Health Richland (1); Kershaw Health (1); Elgin Urgent Care (1)



Pee Dee Region Hospitals (# of Facilities): McLeod Health (1)



Low Country Region Hospitals (# of Facilities): Medical University of South Carolina (1); Roper (1); St. Francis (1); Trident (1); Hampton Regional (1); Colleton (1)

# VI. Influenza activity levels

Activity Level	ILI activity/Outbreaks		Laboratory data
No activity	Low	And	No lab confirmed cases
	Not increased	And	Isolated lab-confirmed cases
Sporadic			OR
	Not increased	And	Lab confirmed outbreak in one institution
	Increased ILI in 1 region; ILI activity in other regions is not increased	And	Recent (within the past 3 weeks) lab evidence of influenza in region with increased ILI
			OR
Local	2 or more institutional outbreaks (ILI or lab confirmed) in 1 region; ILI activity in other regions is not increased	And	Recent (within the past 3 weeks) lab evidence of influenza in region with the outbreaks; virus activity is no greater than sporadic in other regions
	Increased ILI in 2-3 regions	And	Recent (within the past 3 weeks) lab confirmed influenza in the affected regions
Regional			OR
	Institutional outbreaks (ILI or lab confirmed) in 2-3 regions	And	Recent (within the past 3 weeks) lab confirmed influenza in the affected regions
Widespread	Increased ILI and/or institutional outbreaks (ILI or lab confirmed) in at least 4 of the regions	And	Recent (within the past 3 weeks) lab confirmed influenza in the state.

# VII. South Carolina Influenza Surveillance Components

South Carolina influenza surveillance consists of mandatory and voluntary reporting systems for year-round influenza surveillance. These networks provide information on influenza virus strain and subtype and influenza disease burden.

#### **Mandatory Reporting**

#### Positive confirmatory test reporting

Positive influenza culture, PCR, DFA, and IFA results from commercial laboratories should be reported to DHEC within 7 days electronically via CHESS or using a DHEC 1129 card.

#### Positive rapid antigen test reporting

Summary numbers of positive rapid influenza tests and influenza type identified should be sent to the Uregional U health department by fax or email before noon on Monday for the preceding week.

## Influenza death reporting

Lab confirmed influenza deaths in adults should be reported to DHEC within 7 days. Lab confirmed influenza deaths in children under age 18 should be reported within 24 hours. These include results from viral culture, PCR, rapid flu tests, DFA, IFA or autopsy results consistent with influenza. Hospitals should report deaths to their regional health department by noon on Monday for the preceding week.

#### Influenza hospitalizations

DHEC requires weekly submission of laboratory confirmed influenza hospitalizations. Hospitals should report these to their <u>regional</u> health department by noon on Monday for the preceding week.

For additional information about ILINet or to become an ILINet provider, contact the Acute Disease Epidemiology influenza surveillance coordinator at springcb@dhec.sc.gov.

#### Voluntary Networks

## <u>Influenza-Like Illness (ILINet) Sentinel Providers</u> Network

ILINet focuses on the number of patients presenting with influenza-like symptoms in the absence of another known cause. ILI is defined as fever (temperature of U≥U100°F) plus a cough and/or a sore throat in the absence of another known cause. Providers submit weekly reports to the CDC of the total number of patients seen in a week and the subset number of those patients with ILI symptoms by age group.

# South Carolina Disease Alerting, Reporting & Tracking System (SC-DARTS)

SC-DARTS is a collaborative network of syndromic surveillance systems within South Carolina. Currently our network contains the following data sources: SC Hospital Emergency Department (ED) chief-complaint data, Poison Control Center call data, Over-the-Counter (OTC) pharmaceutical sales surveillance, and CDC's BioSense Biosurveillance system. The hospital ED syndromic surveillance system classifies ED chief complaint data into appropriate syndrome categories (ex: Respiratory, GI, Fever, etc.). These syndrome categories are then analyzed using the cumulative sum (CUSUM) methodology to detect any significant increases. Syndromic reports are distributed back to the hospital on a daily basis.

To join the SC-DARTS system or for more information, please contact: Alecia Alianell at 803-898-0269 or alianeat@dhec.sc.gov.

# VIII. National Surveillance MMWR Week 14 (3/31-4/6)

During week 14 (March 31 – April 6, 2013), influenza activity decreased in the United States.

- Viral Surveillance: Of 4,462 specimens tested and reported by collaborating laboratories, 484 (10.9%) were positive for influenza.
- Pneumonia and Influenza Mortality: The proportion of deaths attributed to pneumonia and influenza (P&I) was below the epidemic threshold.
- o <u>Influenza-Associated Pediatric Deaths:</u> Five pediatric deaths were reported.
- o <u>Influenza-Associated Hospitalizations:</u> A cumulative rate for the season of 43.2 laboratory-confirmed influenza-associated hospitalizations per 100,000 population was reported. Of reported hospitalizations, 50% were among adults 65 years and older.
- Outpatient Illness Surveillance: The proportion of outpatient visits for influenza-like illness (ILI) was 1.5%. This is below the national baseline of 2.2%. Two of 10 regions reported ILI at or above region-specific baseline levels. Two states experienced low activity; 48 states and New York City experienced minimal activity, and the District of Columbia had insufficient data.
- Geographic Spread of Influenza: Four states reported widespread influenza activity; 7 states reported regional influenza activity; the District of Columbia, Puerto Rico, and 14 states reported local influenza activity; 24 states reported sporadic influenza activity; Guam and one state reported no influenza activity, and the U.S. Virgin Islands did not report.

A description of surveillance methods is available at: <a href="http://www.cdc.gov/flu/weekly/overview.htm">http://www.cdc.gov/flu/weekly/overview.htm</a>

