

PROTECT YOUR BODY YOUR TEMPLE

**Know the Warning Signs
of Stroke**

If you or a loved one has sudden:

- Numbness or weakness of the face, arm or leg, especially on one side of the body
- Confusion, trouble speaking or understanding
- Trouble seeing in one or both eyes
- Trouble walking, dizziness, loss of balance or coordination
- Severe headache with no known cause

CALL 911 Immediately
Every Second Counts

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Protect yourself and your loved ones with healthy habits.



PROMOTE PROTECT PROSPER
South Carolina Department of Health
and Environmental Control
CR-006988 3/16

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