

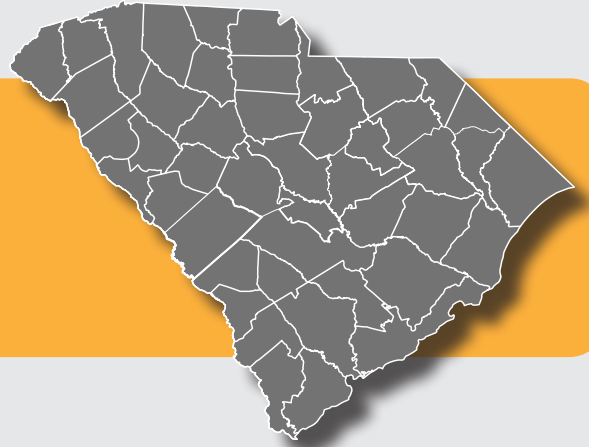
# Arthritis and Other Diseases

Arthritis commonly occurs with other chronic (ongoing) diseases and conditions.

Comorbidities Prevalence<sup>1</sup>

## 78%

of adults with arthritis also have at least one other chronic (ongoing) disease or condition.



In South Carolina:

## 62%

of adults with arthritis also have High Blood Pressure<sup>1</sup>

## 42%

of adults with arthritis are also Obese<sup>1</sup>

## 23%

of adults with arthritis also have Diabetes<sup>1</sup>

## 10%

of adults with arthritis also have Heart Disease<sup>1</sup>

## Quick Facts

Arthritis and other ongoing conditions share some of the same risk factors, such as age and obesity.



Arthritis also may directly cause physical inactivity, which leads to other chronic or ongoing conditions.



## Lifestyle Characteristics of Adults with Arthritis in S.C.<sup>1</sup>

## 21%

of adults with arthritis smoke



## 35%

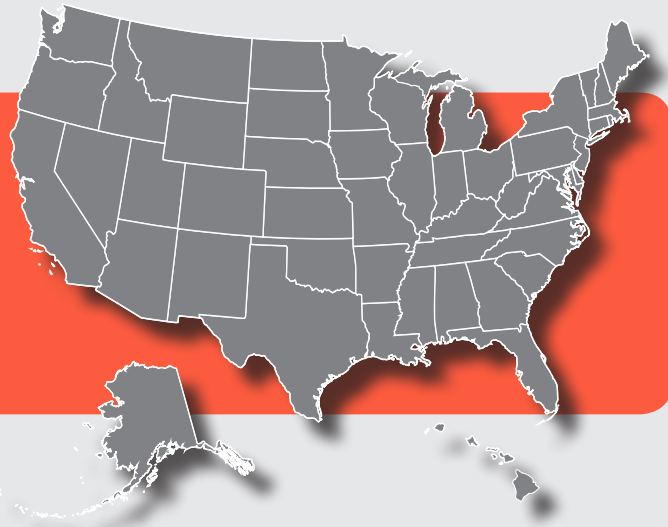
of adults with arthritis are not physically active



## Comorbidities Prevalence<sup>2</sup>

# 73%

of adults with arthritis have at least one other chronic (ongoing) disease or condition.



## In the United States:

# 56%

of adults with arthritis also have high blood pressure.<sup>2</sup>



# 39%

of adults with arthritis are obese.<sup>2</sup>



# 21%

of adults with arthritis also have diabetes.<sup>2</sup>



# 10%

of adults with arthritis also have heart disease.<sup>2</sup>



## Disability and Limitations<sup>2</sup>

# 39%

of adults with arthritis are not able to work at all or experience limitations in the type and amount of work activities performed.



## Lifestyle Characteristics of Adults with Arthritis in the U.S.<sup>2</sup>

# 19%

of adults with arthritis smoke



# 34%

of adults with arthritis are not physically active



1. South Carolina Behavioral Risk Factor Surveillance System (2015), Division of Surveillance, Office of Public Health Statistics and Information Services. South Carolina Department of Health and Environmental Control.

2. Behavioral Risk Factor Surveillance System (2015), Centers for Disease Control and Prevention.



[www.scdhec.gov](http://www.scdhec.gov)  
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