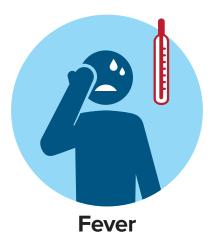
### **COVID-19**

# Stop the Spread of Germs

Help prevent the spread of respiratory viruses like COVID-19 and flu.

### What are the symptoms?







Shortness of Breath



New Loss of Taste and/or Smell

Other symptoms of COVID-19 may include: fatigue, muscle aches, headache, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea. <u>scdhec.gov/covid19/symptoms-covid-19</u>

## How is it prevented?



Wash hands often



Avoid touching eyes, nose, or mouth with unwashed hands



Avoid contact with sick people



Stay home while you are sick; avoid others









Cover mouth/nose with a tissue or sleeve when coughing or sneezing Wear a cloth face covering when out in public Clean and disinfect frequently touched objects and surfaces



#### Visit scdhec.gov/COVID19 for more information.