**Older adults** and those with health problems are at higher risk for severe illness from COVID-19.



## Stay well by:

- Staying home as much as possible
- Taking your prescribed medications

## If you must go out for work or essential items:

- · Avoid large crowds
- Wear a mask when close to others
- Wash your hands often

Visit <u>scdhec.gov/COVID19</u> for more information.

