



# Reining in RUNOFF

a citizen's guide to protecting our water  
resources from runoff pollution



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# Introduction

## After the rain...

The next time it rains, imagine what happens when the water hits the ground and flows away. Water flowing across streets and parking lots picks up dirt, trash, oil, grease, bits of rubber tires, animal waste, and other things left behind by motor vehicles, people, and animals. Rain falling on construction sites, farmland, timberland, and bare earth becomes muddy with *sediment*. When not managed properly, golf courses, agricultural fields, home gardens, and lawns may add fertilizers and pesticides to *stormwater* runoff. Septic tanks in water-logged areas can contribute sewage to the runoff. All of this mixes together and flows away as *polluted runoff*.

## Where does it go?

Polluted runoff flows directly into our streams, lakes, rivers, ocean, and coastal waters. Very little polluted runoff is treated before it reaches a waterway.

Besides affecting fish and other wildlife, this kind of pollution can also contaminate our drinking water supplies. Since *runoff pollution* comes from so many different sources, it is difficult to regulate. However, *point sources* such as outfalls from sewage treatment plants or industrial facilities have been regulated under state and federal laws since the early 1970s.

## Who's responsible for runoff pollution?

Everyone, in one way or another, is likely to be part of the problem. This means that everyone can also be part of the solution! This handbook is a guide to the major causes of the problem, and what individuals, families, and community groups can do to rein in runoff pollution. It's up to us!

### DID YOU KNOW?

Runoff pollution is the #1 source of water pollution in South Carolina and the United States.



# What's in Runoff Pollution?

Here are some of the things that can be found in runoff pollution:

- Bacteria
- Trash
- Heavy Metals
- Mercury
- Fertilizers & *Nutrients*
- *Sediment*
- Motor Vehicle Fluids
- Pesticides

## Bacteria

**Source:** Raw sewage from failing septic systems, overflowing sewer lines, pet waste, farm animals, and wildlife can all be sources of bacteria.

**Effect:** Stormwater contaminated from these sources can contain bacteria and viruses that may cause illnesses in people after swimming in contaminated lakes, rivers, or the ocean. Illnesses may also occur after the consumption of raw or improperly cooked shellfish from these contaminated areas.

## Trash

**Source:** Paper, plastic containers and wrappers, cans, cigarette butts, yard waste, and other kinds of trash are often dumped into drainage ditches or alongside roadways.

**Effect:** When carried into our waterways by stormwater, this trash can use up oxygen, change *habitats* for aquatic life, and physically damage fish, birds, and other animals. Even if trash is buried or burned, harmful chemicals can still be released from dumpsites or as air pollution.

## Heavy Metals

**Source:** Motor vehicle wastes contain a variety of heavy metals like lead and copper, as well as harmful organic chemicals. Used batteries contain zinc, lead, and mercury.

**Effect:** Heavy metals can be harmful to humans and aquatic life.

### DID YOU KNOW?

Even if the bacteria present are not directly dangerous to humans, they can still cause shellfish beds to be closed to commercial and recreational oyster and clam harvesting. When health officials test water quality, they usually don't try to identify every type of bacteria or virus that might be harmful.

Instead, they look for bacteria that are always found in the intestines of mammals (known as Fecal Coliform bacteria). If these bacteria are found, they may indicate the presence of other harmful organisms. Therefore, the areas are closed to oyster and clam harvesting to protect human health.

## Fertilizers & Nutrients

**Source:** All plants need *nutrients* to grow and reproduce. Three major nutrients are nitrogen, phosphorus, and potassium, and stormwater can collect these nutrients from fertilizers, household chemicals, and pet waste.

**Effect:** Excess nutrients in streams, lakes, and coastal waters can cause algae and aquatic weeds to grow and compete with fish and other aquatic life for space and oxygen. When the algae die, the large mass of decomposing algae can consume so much oxygen that aquatic life suffers.



### DID YOU KNOW?

If an unsafe level of the nutrient nitrite gets into drinking water, it can cause serious health problems, particularly in newborn babies.

## Pesticides

**Source:** Farmers, home gardeners, and golf course operators often use various chemicals to control pests. Many households use weed killers, pet shampoos, flea collars, and no-pest strips containing chemicals that can be harmful to other plants and animals in addition to the pests of concern.

**Effect:** These chemicals, if handled or stored incorrectly, can harm wildlife, plants, and pets.

## Motor Vehicle Fluids

**Source:** Antifreeze, battery acid, brake fluid, gasoline, and motor oil readily accumulate on roads and parking areas, and are easily washed off by rainfall. Some people even get rid of these fluids by pouring them on the ground or down storm drains.

**Effect:** Motor vehicle fluids are poisonous to fish, shellfish, and many other forms of aquatic life.



### DID YOU KNOW?

Sediment can absorb contaminants like heavy metals, oils, and other substances. Contaminated sediments that settle on the bottom of our streams, lakes and coastal waters can pollute water and aquatic life for a long time.

## Sediment

**Source:** *Sediment* can come from improperly managed construction sites, eroding streambanks, or crop and forested lands.

**Effect:** Accumulated sediments can fill stream channels and increase flooding. Dirt suspended in runoff can increase death among fish eggs and larvae, erode the gills of mature fish, and completely destroy *habitats* used as spawning areas by many fish. Suspended sediment can interfere with light needed by aquatic plant life.

# Runoff Pollution: Where Does It Come From? What Can We Do About It?

## Lawns and Gardens

Well maintained lawns and gardens can be of real benefit to *water quality* and the local environment. They add beauty, control *erosion*, filter runoff from nearby hard surfaces, reduce dust, and help moderate summer heat. However, lawns and gardens are often the reason for water overuse and unnecessary application of fertilizers and pesticides.

### WHAT CAN WE DO?

- Reduce soil erosion by planting appropriate plant cover on bare patches of ground.
- Reduce water requirements of your landscaping by selecting plants suited to the local environment with minimal need for extra watering.
- Group plants with similar needs and match plants' water needs with the soil's moisture-holding ability.
- Use drip irrigation, soaker hoses, and mulching to reduce water use.
- Limit the amount of lawn to what will actually be used for play and recreation.
- Consider low maintenance groundcovers or shrubs and trees that slow rain runoff.
- Do not apply pesticides or fertilizer if rain is expected.
- Use only fertilizers that are really needed, based on soil tests and specific needs of your plants.
- Keep fertilizer off driveways and sidewalks where it can be washed into *storm drains*.
- Avoid using fertilizers within 75 feet of a wetland or waterway.
- Try *organic fertilizers* (such as fish emulsion, blood meal, organic mixes, or home *compost*).
- Practice *Integrated Pest Management* (see glossary for more details). Establish habitats for beneficial birds and insects that reduce pests, build the soil, pollinate plants, and perform other useful functions.
- If you use a lawn care service, request natural management instead of chemical methods, have your soil tested to know the actual needs, look at the labels of all pesticides used, and follow precautions and directions.
- Install a *rain garden*.
- Visit [www.clemson.edu/extension](http://www.clemson.edu/extension) to contact your County Extension Agent for information on water-wise gardening and integrated pest management.



## SOME ALTERNATIVE WAYS TO CONTROL PESTS

- Biological Pest Controls — beneficial insects that attack pests
- Traps — pheromone traps and beer in a shallow dish for slugs
- Removing pests by hand
- Floating Row Covers — light weight barriers that keep pests off plants
- Insecticidal Soaps — control soft bodied insects such as aphids, white flies, and thrips
- Natural Insecticides — made from certain plants, these should be used sparingly

## Household Chemicals

Some household products contain chemicals that can become pollutants if they are poured down home drains, *storm drains*, or outside on the ground.

### WHAT CAN WE DO?

- When buying household chemicals, read the labels. Select the least toxic product that will do the job and use only when really needed.
- Use only recommended amounts.
- Clean up any spills with kitty litter and other absorbent materials.
- Don't apply chemicals near *cisterns*, wells, or waterbodies.
- Don't mix chemicals together.
- Don't burn or bury leftover chemicals or containers.
- Stuff used cans of paint, thinner, or other finishes and solvents with newspapers and allow them to dry before putting the cans into the trash.
- Never pour household chemicals down drains, storm drains, or onto the ground.
- Participate in local programs for hazardous household waste *disposal*; if there isn't such a program, work with local agencies to start one.
- Go to [www.scdhec.gov/recycle](http://www.scdhec.gov/recycle) and click on *Where to Recycle Locally* for a list of county recycling locations and what each site collects.

### HAZARDOUS HOUSEHOLD PRODUCTS

- Spot removers
- Furniture polish
- Deodorizers
- Drain cleaner
- Oven cleaner
- Disinfectants
- Moth repellents
- Ammonia
- Paint and other finishes
- Thinners and solvents
- Batteries containing heavy metals
- Swimming pool chemicals

## Household Cleaners and Alternatives

For more information, visit EPA's Web site at: [www.epa.gov/saferchoice/products](http://www.epa.gov/saferchoice/products)

Instead of...	Try...
Drain cleaner	Use a plunger or plumber's snake.
Oven cleaner	Clean spills as soon as the oven cools using steel wool and baking soda; for tough stains, add salt ( <i>Do not use this method in self-cleaning or continuous-cleaning ovens</i> ).
Glass cleaner	Mix 1 tablespoon of vinegar or lemon juice in 1 quart of water. Spray on and use newspaper to wipe dry.
Toilet bowl cleaner	Use a toilet brush and baking soda or vinegar. ( <i>This will clean but not disinfect.</i> )
Furniture polish	Mix 1 teaspoon of lemon juice in 1 pint of mineral or vegetable oil, and wipe furniture.
Rug deodorizer	Deodorize dry carpets by sprinkling liberally with baking soda. Wait at least 15 minutes and vacuum. Repeat if necessary.
Silver polish	Boil 2 to 3 inches of water in a shallow pan with 1 teaspoon of salt, 1 teaspoon of baking soda, and a sheet of aluminum foil. Totally submerge silver and boil for 2 to 3 more minutes. Wipe away tarnish. Repeat if necessary. ( <i>Do not use this method on antique silver knives. The blade will separate from the handle.</i> ) Another alternative is to use nonabrasive toothpaste.
Plant insecticide	Wipe leaves with mild soap and water; rinse.
Mothballs	Use cedar chips, lavender flowers, rosemary, mint, or white peppercorns.
Flea and tick products	Put brewer's yeast or garlic in your pet's food; sprinkle fennel, rue, rosemary, or eucalyptus seeds or leaves around animal sleeping areas.

## Solid Waste Disposal

Most households discard food scraps, paper products, wrappers, containers made of glass, plastic, and metals every day. Solid waste is an increasing problem as landfills are becoming more difficult to site and expensive to operate. Runoff seeping through older landfills can carry many *contaminants* from decomposing garbage.

### WHAT CAN WE DO?

- Reduce your consumption of disposable products and products with excessive packaging.
- Buy *biodegradable* or recyclable products whenever possible.
- Make a *compost* pile (see “Composting”).
- Never dump grass clippings or other yard waste into or near a waterway or a *storm drain*.
- Participate in recycling programs. Visit [www.scdhec.gov/recycle](http://www.scdhec.gov/recycle) to learn more.

### COMPOSTING

Items that are good to use for composting include:

- grass clippings
- leaves
- fruit and vegetable scraps
- crushed eggshells
- tea bags
- coffee grounds

**Two types of composting include:**

- **Hot composting**—use when there is a large amount of waste material; produces compost in a month.
- **Cold composting**—use with small amounts of material; takes at least six months to produce compost.

**Tip on composting:**

- Try to keep your compost pile between 3 ft x 3 ft x 3 ft and 5 ft x 5 ft x 5 ft.
- Smaller piles tend to not hold enough heat while larger piles tend to not get enough air to support bacteria.

For more information about composting, visit the DHEC website at [www.scdhec.gov/compost](http://www.scdhec.gov/compost) or the EPA website at [www.epa.gov/recycle/composting-home](http://www.epa.gov/recycle/composting-home).



## Water Efficiency

A recent EPA survey showed at least 40 states are anticipating local, regional, or statewide water shortages over the next several years. Unnecessary water use not only contributes to local water shortages, but also adds to the volume of wastewater that must be treated by septic tanks or sewage treatment plants. As a result, excessive water use contributes to higher use and more expensive water and sewer services.

### WHAT CAN WE DO? \$ = MONEY SAVING TIPS

- \$ Install high efficiency toilets, which combine high performance with water efficiency.
- \$ Check for toilet leaks by putting food coloring into the tank. If colored water appears after 30 minutes without flushing, there is a leak that should be repaired.
- \$ Try to buy products with the WaterSense logo, which identifies high performance, water-efficient products. [www.epa.gov/watersense](http://www.epa.gov/watersense)
- \$ Turn off your hot water heater when going on a trip.
- \$ Don't run water continuously when washing dishes, brushing teeth, shaving, etc.
- \$ Take short showers instead of baths.
- \$ Avoid using the garbage disposal unnecessarily since these devices use large amounts of water and add organic materials to sewage treatment plants.
- \$ Install a water-efficient showerhead.
- \$ Run dishwashers and washing machines only when you have a full load.
- \$ Reduce the volume of your toilet tank with plastic bottles filled with water (don't use bricks); you'll have to experiment to find the minimum volume needed for satisfactory operation.

### DID YOU KNOW?

Each American uses an average of 88 gallons of water a day at home.

We can all use at least 20 percent less water by installing water-efficient fixtures and appliances (EPA).



## Motor Vehicles

Used oil, antifreeze, and other motor vehicle fluids are often dumped into storm drains or roadside ditches. The problem is even worse if we consider the oil, grease, and other fluids that leak from poorly maintained vehicles and contaminate runoff from roads, driveways, and parking lots. Motor vehicles also add tire particles, copper from brake pads, and air emissions to polluted runoff.

### WHAT CAN WE DO?

- \$** Maintain motor vehicles and repair leaks promptly.
- Dispose of used motor oil at oil recycling centers. [www.scdhec.gov/recycle](http://www.scdhec.gov/recycle)
- Arrange for local service stations or recycling centers to take your used antifreeze.
- \$** Avoid gas tank overflows during refueling.
- Wash your car at a car wash where the wash water is either recycled or goes to a wastewater treatment plant.





## Boats

Recreational boaters use a variety of cleaners, finishes, and antifouling compounds and may sometimes discharge garbage, sewage, and petroleum products into our waterways. Boats can create excessive wakes that contribute to shoreline erosion and increase sediment loads to adjacent waterways.

### WHAT CAN WE DO?

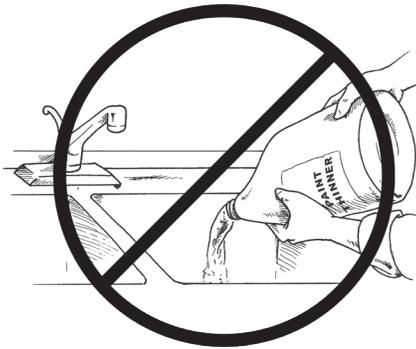
- Avoid producing a wake within 500 feet of shore.
- Scrub boats with a brush and water instead of routinely using soap or detergent.
- If cleansers are needed to remove stains, use phosphate-free detergents.
- Don't use toxic polishes and stain removers.
- Avoid gas tank overflows during refueling.
- Do not discharge boat sewage directly into waterways.
- "Stow it, don't throw it;" bring trash ashore for recycling or disposal.
- Use a drop cloth when scraping boat hulls to catch toxic chips of paint or antifouling.
- Support marine operators who use porous paving and adopt other runoff control practices.
- Use low emission engines.

## Septic Systems

A properly operating septic tank system can be a safe and effective means of disposing of household wastewater. The whole process depends on bacterial action and soils that can absorb the outflow. If the drain field is damaged or the soil becomes saturated, nearby wells and surface waters may become contaminated with sewage products including bacteria, solids, and oxygen-consuming materials.

### WHAT CAN WE DO?

- Keep heavy vehicles and plant roots away from drain field pipes.
  - **\$** Conserve water and stagger water-intensive uses (like laundry) that could overload the system.
  - Avoid putting household chemicals down the drain that could destroy helpful bacteria in the septic tank.
- **\$** Have the system inspected annually and pumped out every three to five years (maintenance is always cheaper than repairing a problem).
  - When possible, avoid using garbage disposals that add unnecessary solids and grease to the system.
  - Keep oils, fats and grease, coffee grounds, cigarettes, facial tissues, paper towels, sanitary napkins, tampons, and disposable diapers out of the system.
  - Use toilet paper that decomposes quickly.
  - Be alert for bright green grass growing over the drain field that could indicate sewage seepage near the surface.
- Divert runoff from the drain field area to reduce the likelihood of soaking the soil.
  - Visit DHEC's Division of Onsite Wastewater Management at [www.scdhec.gov/septic](http://www.scdhec.gov/septic) for more information.



## Pet Waste

Pet waste is high in bacteria as well as *nutrients* and can contribute to the closure of beaches and shellfish beds. Sometimes pet owners do not believe that their one dog could make much difference, but when the wastes from all the pets in a community are added together, the impact is significant. Not only can pet waste impact our water resources, but it can also create a health hazard for you and your children.

### WHAT CAN WE DO?

- Clean up after pets and dispose of wastes in the trash, toilet, or bury it.
- Use a commercially available pet waste composter.
- Hire a pet waste removal company.
- Never leave pet waste on streets, sidewalks, or driveways.



**If you think  
picking up  
dog poop is  
unpleasant, try  
swimming in it.**

**Pet waste pollutes our  
rivers, lakes and  
streams.**

### DID YOU KNOW?

- An average size dog produces about a quarter pound of waste every day.
- Pet waste can wash into storm drains and go directly in to waterways without being treated.
- Pet waste can also wash directly into marshes and waterways.

## Hard Surfaces

Hard surfaces such as paved roads, driveways, rooftops, and parking lots are common in most communities. Stormwater flows over these hard surfaces picking up pollutants along the way. Unlike forests and fields, which allow rainwater to soak into the ground, these hard surfaces cause rainwater to flow rapidly into ditches and storm drains – and directly into our waterways.

### WHAT CAN WE DO?

#### Keep Surface Runoff Clean

- Follow suggestions for septic tanks, farms, lawns, and gardens.
- When designing for large paved surfaces, use *Best Management Practices* such as *permeable pavers*, *grassed swales*, and conservation of natural areas.

#### Reduce Surface Runoff

- Limit paved or other impervious surfaces on your property and consider alternatives to solid concrete.

#### Allow Runoff to be Absorbed

- Plant *rain gardens*, which can absorb and filter runoff from hard surfaces.
- Visit [www.scdhec.gov/stormwater](http://www.scdhec.gov/stormwater) for more information about DHEC's Stormwater Program.

### ARE YOU A DUMPER?

Avoid dumping anything down a storm drain. Grass clippings and leaves not only clog your storm drain potentially causing flooding, but also create an excess of nutrients in a waterbody leading to other water quality problems. These items don't belong in a storm drain:

- Paint
- Oil and grease
- Cleaning supplies
- Soap and car residue from washing a car
- Grass clippings & leaves
- Pet waste
- Fertilizers and pesticides



### BENEFITS OF A RAIN GARDEN

A rain garden can:

- Filter contaminants in runoff pollution
- Reduce the potential of home flooding
- Improve aesthetics
- Recharge local groundwater



## Farms

Poor farming practices can result in runoff contaminated with sediment, nutrients, pesticides, bacteria, and oxygen-consuming substances. It is especially important for farms to properly manage animal wastes and the application of chemicals. Agriculture is an important activity in South Carolina, but when it's improperly managed, it can be a source for runoff pollution. This contamination can be reduced by improved land management and by constructed systems that contain or reduce pollutants at their source.

### WHAT CAN WE DO?

- Plant vegetation at the base of steep slopes and in drainage ditches to slow the rate of runoff and trap pollutants.
- Keep heavy equipment off exposed soil during rainy periods.
- Practice conservation tillage, a variety of techniques such as inter-cropping that avoid leaving large areas of exposed soil for extended periods.
- Construct detention ponds and basins to slow runoff and trap sediment.
- Control animal grazing to prevent pasture overgrazing.
- Drag pastures frequently to spread manure and promote uniform grazing.
- Leave *wetlands*, stream banks, channels, and streamside vegetation in their natural condition to provide a *buffer* between cultivated areas and waterways. Adopt the principles of *Integrated Pest Management* (see glossary for details).
- Locate feed and nutrient storage facilities away from streams and drainages.
- Provide storage facilities (this may be as simple as a canvas cover over a manure pile) that prevent collected animal wastes from washing away.
- Apply liquid manure during dry months when there is less chance of water contamination and during the active growing season when nutrient uptake by plants is at its maximum.
- Fence animals away from streams.
- Follow an approved waste management plan.

# Forestry

Forested *watersheds* act as filter systems for runoff. They are important to drinking water supplies, recreation, and fisheries. Careless forestry practices can cause runoff pollution. Road building, harvesting, logging, and pesticide application can pollute water with sediments, chemicals, and organic materials unless precautions are taken to control such contamination.

## WHAT CAN WE DO?

- Plan and construct roads to minimize disturbed area and control sediment loss.
- Minimize stream crossings by roads.
- Establish *buffer strips* (generally 40 to 100 feet wide) along streams.
- Revegetate and close roads that are no longer needed.
- Consider special logging, harvesting, storage and hauling techniques that minimize soil disturbance.
- Follow “South Carolina’s Best Management Practices for Forestry” during all activities. Visit [www.state.sc.us/forest/bmpmanual.pdf](http://www.state.sc.us/forest/bmpmanual.pdf) to view the manual.
- Hire contractors that use forestry best management practices.
- Visit the South Carolina Forestry Commission website at [www.trees.sc.gov](http://www.trees.sc.gov) for more information about BMPs and free forest management advice.

## DID YOU KNOW?

98% of timber harvests use Best Management Practices to protect water quality in South Carolina (SC Forestry Commission).

## NATURE’S NATURAL FILTERS: BUFFERS

A buffer is an area of trees and shrubs next to a water resource that helps filter out pollutants while providing habitat for aquatic wildlife. Plants also keep soil from getting washed into the waterway.



No Buffer



Buffer

## Air Emissions

Rainwater can be contaminated before it even hits the ground if it falls through polluted air. *Acid rain* is the most familiar example of this type of contamination. Air pollution with sulfur and nitrogen compounds results primarily from burning fossil fuels, especially coal and oil. These fuels are burned for electricity production and motor vehicle transportation.

### WHAT CAN WE DO?

#### Practice Energy Efficiency!

\$ Look for Energy Star Products; use less energy and save money!  
[www.energystar.gov](http://www.energystar.gov)



- \$ Turn off lights and electronics when not in rooms.
- \$ Consider using appliances that do not require electricity or fossil fuel (such as manual can openers and push-type lawn mowers).
- \$ Pay attention to energy-efficiency ratings on new appliances and automobiles.
- \$ When possible, walk or bicycle instead of driving.
- \$ Keep doors and windows closed when air conditioners or heaters are in use.

- \$ When building a new home or renovating, investigate how to make your home energy efficient.
- \$ Keep refrigerators closed as much as possible.
- \$ Set thermostats to 68 degrees in winter and 78 degrees in summer.
- Do not burn household trash.
- Turn off your car engine if you are stopped longer than 30 seconds (except in traffic).
- Every three months, vacuum the coils on the bottom or rear of refrigerators to remove dust.
- Investigate using solar and wind power sources.
- Visit DHEC's Bureau of Air Quality website at [www.scdhec.gov/air](http://www.scdhec.gov/air) for more information.



#### DID YOU KNOW?

Some fish in South Carolina may contain mercury. The largest sources of mercury pollution stem from decades of burning fossil fuel (like coal) and waste.

If you fish in local waters, please visit DHEC's website at [www.scdhec.gov/fish](http://www.scdhec.gov/fish) to learn the types and amount of fish that are safe to eat, or call 1-888-849-7241 for a free booklet.

## Construction

When land is cleared for building or road development, loose sediment and other materials washed from work sites can pollute our waterways. Sediment in runoff not only damages stream *habitat* but also can carry with it pesticides, cleaning solvents, cement wash, asphalt, and motor oil.

### WHAT CAN WE DO?

- During construction, leave and protect as much native vegetation as possible. Take extra measures to protect existing trees.
- Use and maintain recommended construction Best Management Practices (BMPs) such as sediment fences, hay bales, and sediment detention ponds.
- Protect bare soil with mulch, and plant vegetation for long-term coverage.
- Leave or plant buffers of trees and shrubs along waterways.
- Schedule grading for dry weather.

### DID YOU KNOW?

Land-disturbing activities within South Carolina require a stormwater management and sediment control permit.

To learn more:  
[www.scdhec.gov/stormwater](http://www.scdhec.gov/stormwater)



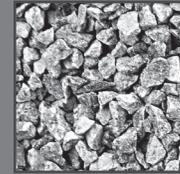
### SOME ALTERNATIVES TO SOLID CONCRETE BRICKS



Interlocking pavers



Flat stones



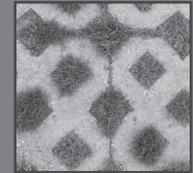
Gravel



Crushed stone or shell



Bark chips



Precast concrete lattice pavers



Wood or recycled plastic lumber decks

# Why Should We Care?

Doing small things in your daily routine can help keep our water clean.



## Protection of Drinking Water Sources

Our drinking water comes from either groundwater wells or surface waters such as rivers and lakes. Protection of these water resources is essential to keeping water treatment costs down and our drinking water safe.

## Recreational Uses

We use rivers and lakes to fish, swim, jet ski, boat, water ski, and other recreational activities. Polluted water can make it unsafe for swimming if too much bacteria is present. Pollution may also harm aquatic life.

## Aesthetics

Who wants to look at or smell polluted water? Preventing runoff pollution will help keep our water resources safe and beautiful. Improved water quality has also been linked to higher property values.

## Wildlife Habitat

Lakes, rivers, and streams are home to many different living organisms. Just like us, many animals rely on these water resources to live.



### BE PART OF THE SOLUTION!

The checklists on the following pages are quick guides to help you prevent runoff pollution. The more items on this list you currently follow, the more you are part of the solution. If you aren't doing these behaviors already, it's never too late to start.



## Landscaping

- Avoid using fertilizers within 75 feet of a wetland or waterway.
- Do not fertilize if heavy rain is expected.
- Consider organic, non-chemical fertilizers (such as blood meal, organic mixes, or compost made from your own garbage).
- Practice Integrated Pest Management.
- Establish habitats for beneficial birds and insects that reduce pests, build the soil, pollinate plants, and perform other useful functions.
- If you use a lawn care service, request natural management instead of chemical management methods, have your soil tested to determine actual requirements, examine labels of all pesticides used, and ensure that required precautions and application methods are followed.
- Reduce soil erosion by planting appropriate plant cover on bare patches of ground.
- Reduce water requirements of your landscaping by xeriscaping - select plants suited to the local environment with minimal need for supplemental watering.
- Reduce water requirements by using drip irrigation or soaker hoses and by mulching planting beds.
- Limit the amount of lawn to what will actually be used for play, recreation, etc., and consider rock gardens or shrubs and trees that also provide habitat for insect eating birds.
- Group plants with similar requirements, place plants that need more water in naturally wet areas, match plants' water requirements with soil's moisture-holding capacity.
- Use only fertilizers that are really needed, based on soil tests and the actual requirements of your plants.
- Keep fertilizer off driveways and sidewalks where it will be washed into storm drains.
- Use pervious pavers.



## Boats

- Don't produce wakes within 500 feet of shore.
- Scrub boats with a brush and water instead of routinely using soap or detergent.
- If cleansers are needed to remove stains, use phosphate-free detergents.
- Avoid toxic polishers and stain removers.
- Avoid refueling overflows by determining the amount of fuel needed based upon estimated fuel consumed and the capacity of the fuel tank.
- Never discharge boat sewage into waterways.
- Do not discharge chlorine-treated waste from marine toilets in waters less than 20 feet deep.
- Bring trash ashore for recycling or disposal.
- Use a drop cloth when scraping boat hulls to catch toxic chips of paint or antifouling.



## Solid Waste & Animal Waste

- Never dump grass clippings or other yard waste into or near a waterway or a storm drain.
- Participate in recycling programs.
- Clean up after pets and dispose of wastes in the trash or toilet.
- Reduce your consumption of disposable products and excessive packaging.
- Make a compost pile.



## Hazardous Household

- When buying household chemicals, read the labels, select the least toxic product that will do the job, and use only when absolutely necessary.
- Try alternatives to harsh chemicals.
- Use only recommended amounts.
- Keep kitty litter or other absorbent material handy to clean up spills.
- Don't apply chemicals near cisterns, wells, or waterbodies.
- Don't mix chemicals together.
- Don't burn or bury leftover chemicals or containers.
- Stuff used cans of paint, thinner or other finishes and solvents with newspapers and allow to dry before putting the cans into the trash.
- Never pour household chemicals down drains, storm drains, or onto the ground.
- Participate in local programs for hazardous household waste disposal; if there aren't any such programs, work with local agencies to start one.



## Septic Systems

- Keep heavy vehicles and plant roots away from drain field pipes.
- Avoid putting household chemicals down the drain that could easily destroy septic tank bacteria.
- Conserve water; stagger water-intensive uses (like laundry) that could overload the system.
- Have the system inspected annually and pumped out every three to five years.
- Consider giving up garbage disposals that add unnecessary solids and grease to the system.
- Keep out of the system: oils, fats and grease, coffee grounds, cigarettes, facial tissues, paper towels, sanitary napkins, tampons, and disposable diapers.
- Use toilet paper that decomposes quickly.
- Be alert for bright green grass growing over the drain field that could indicate sewage effluent near the surface.
- Divert runoff from the drain field area to reduce the likelihood of saturating the soil.



## Motor Vehicles

- Maintain motor vehicles; repair leaks promptly.
- Take used motor oil to a recycling center that accepts oil.
- Arrange for local service stations or recycling centers to take your used antifreeze.



## Water Efficiency

- Check for toilet leaks by putting food coloring into the tank. If colored water appears after 30 minutes without flushing, there is a leak that should be repaired.
- Turn off your water and your hot water heater when going on a trip.
- Run dishwashers and washing machines only when you have a full load.
- Don't run water continuously when washing dishes, brushing teeth, shaving, etc.
- Consider eliminating your garbage disposal, as these devices not only consume large amounts of water, but also add organic materials to sewage treatment systems.
- Install a water-conserving showerhead.
- Reduce the volume of your toilet tank with plastic bottles filled with water (don't use bricks); experiment to find the minimum volume needed for satisfactory operation.
- Take short showers instead of baths.

# Glossary

## **Acid Rain**

unusually acidic rainwater due to sulfur dioxide and nitrogen oxide in the air

## **Antifouling**

process of removing algae, plants, and other microorganisms that have accumulated on a submerged structure such as a boat

## **Aquifer**

large concentration of groundwater similar to an underground lake

## **Best Management Practice (BMP)**

a method, activity, maintenance procedure, or other management practice for reducing the amount of pollution entering a water body

## **Biochemical Oxygen Demand (BOD)**

the amount of oxygen needed by living organisms in a body of water. High BOD can indicate that the waterbody may be polluted

## **Biodegradable**

able to be broken down by living organisms

## **Buffer**

an area of trees, shrubs and herbaceous vegetation located upslope from a waterbody; helps filter pollutants

## **Carcinogen**

a substance known to cause cancer

## **Chemical Oxygen Demand (COD)**

oxygen consumed by chemicals introduced into a waterbody

## **Cistern**

a basin for holding liquids; often built to store or catch rainwater

## **Combined Sewer Overflow (CSO)**

a pipe that discharges untreated wastewater during storms from a sewer system that carries both sanitary wastewater and stormwater; overflow occurs because increased flow caused by stormwater runoff exceeds the capacity of the system

## **Combined Sewer System (CSS)**

a system to collect and treat wastewater where domestic and industrial wastewater is combined with storm runoff; stormwater is treated in this type of system, but the system may be overloaded by runoff from major storms, resulting in discharge of untreated sewage

## **Compost**

fertilizer made with non-meat food scraps, leaves, grass clippings, soil, and water

## **Contaminant**

a substance that adversely affects the environment

## **Cumulative Effects**

the collective impact on the environment due to a series of individual actions, projects, or contaminants

## **Detention**

collecting and holding back stormwater for delayed release to receiving waters

**Disposal**

methods by which unwanted materials are relocated, contained, treated, or processed

**Dissolved Oxygen**

oxygen present in water and therefore available to fish and other aquatic life

**Downspout**

a pipe that carries rainwater from roof gutters

**Downspout Extension**

a pipe that connects to a downspout and carries rainwater away from a home

**Erosion**

wearing away of rock or soil through the gradual detachment of soil or rock fragments by water, wind, ice, and other mechanical and chemical forces

**Eutrophication**

over enrichment of water by phosphates and/or nitrogen, which causes organisms to reproduce at increased rates

**Fecal Coliform Bacteria**

bacteria normally found in the intestinal tracts of warm-blooded animals; these bacteria are normally harmless to humans, but are used as indicators of the presence of sewage that may contain harmful bacteria and viruses

**Grassed Swales**

open shallow channels that slow runoff and allow rainwater to be absorbed

**Groundwater**

underground water supplies stored in aquifers; rainwater soaks into the ground and is filtered as it flows down until it is collected at a point where the ground is not permeable

**Habitat**

the specific area of environment in which a particular type of plant or animal lives

**Herbicide**

a substance used to destroy or inhibit growth of vegetation

**Integrated Pest Management**

select appropriate pesticides, time the application to be most effective with the smallest dose, use pest-resistant crops, and encourage natural controls such as pest predators

**Land-Disturbing Activity**

clearing, grading, and excavating that result in land disturbance of equal to or greater than one acre and less than five acres (but not for single-family homes which are not part of a subdivision development)

**Leachate**

water or other liquid that has washed from a solid material such as a layer of soil or debris; leachates may contain contaminants

**Nonpoint Source Pollution (runoff pollution)**

contamination that comes from a variety of sources rather than from a specific point such as an outfall pipe

**Nutrients**

chemicals required by plants or animals for growth; most commonly known nutrients include: nitrogen, phosphorus, and potassium

**Organic Fertilizer**

nutrients in the fertilizer comes from the remains or a by-product of an organism.

**Pathogens**

microorganisms that cause disease

**Permeable Pavers**

help prevent runoff by allowing rainwater to be absorbed.

**Photodegradable**

able to be broken down by sunlight

**Point Source Pollution**

contamination that comes from a specific definable source such as a factory

**Pollution**

an undesirable change in the physical, chemical, or biological characteristics of air, land, or water that is detrimental to human life, desired activities, or other species considered important by humans

**Polychlorinated Biphenyls (PCBs)**

chemicals used in electrical transformers; now banned in the United States, but still cause widespread contamination from previous use

**Rain Gardens**

a grouping of plants planted in a low-lying area in the ground designed to absorb and filter rainwater runoff from hard surfaces

**Sediments**

soil particles carried into water bodies

**Septage**

the sludge and scum materials that are pumped out of a septic tank

**Storm Drain**

a system of gutters, pipes, or ditches used to carry stormwater from surrounding lands to streams, lakes, or coastal waters

**Stormwater**

water that is generated by rainfall; it often collects pollutants as it flows over the land

**Toxins**

chemical substances that can cause cancer or other harmful effects

**Turbidity**

a measure of the amount of material suspended in water

**Water Quality**

a term that reflects the condition of water, which is affected by natural processes and human activities

**Watershed**

the geographic region or area of land in which water all drains into a particular body of water

**Wetlands**

habitats where the influence of surface or groundwater has resulted in development of plant or animal communities adapted to aquatic or occasionally wet conditions

# Contact Information & Links

## **Clemson Cooperative Extension**

Clemson University  
Clemson, SC 29634  
[www.clemson.edu/extension](http://www.clemson.edu/extension)  
(864) 656-9999

## **Clemson - Department of Pesticide Regulation Clemson University**

511 Westinghouse Road  
Pendleton, SC 29670  
(864) 646-2120

## **Department of Natural Resources (DNR)**

1000 Assembly Street  
Columbia, SC  
[www.dnr.sc.gov](http://www.dnr.sc.gov)

Mailing Address:  
PO Box 167  
Columbia, SC 29202

## **DNR - Conservation Districts:**

[www.dnr.sc.gov/conservation](http://www.dnr.sc.gov/conservation)

## **DNR- Marine Resources Division**

217 Fort Johnson Road  
Charleston, SC 29412  
(843) 953-9300

Mailing Address:  
PO Box 12559  
Charleston, SC 29422

## **For contact information of other DNR programs, visit:**

[www.dnr.sc.gov/admin/phone](http://www.dnr.sc.gov/admin/phone)

## **Environmental Protection Agency (EPA)**

Protecting Water in South Carolina:  
[www.epa.gov/sc](http://www.epa.gov/sc)

## **Department of Health and Environmental Control (DHEC) -**

### **Mailing Address:**

2600 Bull St.  
Columbia, SC 29201

## **DHEC - Bureau of Air Quality**

[www.scdhec.gov/air](http://www.scdhec.gov/air)  
(803) 898-4123

## **DHEC - Bureau of Water**

[www.scdhec.gov/water](http://www.scdhec.gov/water)  
(803) 898-4300

## **DHEC - Bureau of Land & Waste Management**

[www.scdhec.gov/lwm](http://www.scdhec.gov/lwm)  
(803) 898-2000

## **DHEC - Office of Solid Waste Reduction & Recycling**

[www.scdhec.gov/recycle](http://www.scdhec.gov/recycle)  
Recycling Hotline:  
(800) 768-7348

## **DHEC - Division of Onsite Wastewater Management**

8500 Farrow Road  
Columbia, SC 29203  
[www.scdhec.gov/septic](http://www.scdhec.gov/septic)  
(803) 896-0640

## **DHEC - Ocean and Coastal Resource Management (OCRM) - Main Office**

1362 McMillan Ave, Suite 400  
Charleston, SC 29405  
[www.scdhec.gov/ocrm](http://www.scdhec.gov/ocrm)  
(843) 953-0200

## **DHEC - OCRM- Beaufort**

104 Parker Drive  
Beaufort, SC 29906  
(843) 846-9400

**DHEC - OCRM-Myrtle Beach**

927 Shine Avenue  
Myrtle Beach, SC 29577  
(843) 238-4528

**SC Forestry Commission**

5500 Broad River Road  
Columbia, SC 29212  
[www.state.sc.us/forest](http://www.state.sc.us/forest)  
(803) 896-8800

**Mailing Address:**

PO Box 21707  
Columbia, SC 29221

**SC Sea Grant Consortium**

287 Meeting Street  
Charleston, SC 29401  
[www.scseagrant.org](http://www.scseagrant.org)  
(843) 953-2078

**Coastal Conservation League (CCL)**

[coastalconservationleague.org](http://coastalconservationleague.org)

**CCL- Charleston Office**

328 East Bay Street  
PO Box 1765  
Charleston, SC 29402  
(843) 723-8035

**CCL- Columbia Office**

1219 Assembly Street, Suite 202  
Columbia, SC 29201  
(803) 771-7102

**CCL- North Coast Office**

709-B Front Street  
PO Box 603  
Georgetown, SC 29442  
(843) 545-0403

**CCL- Rivers Project Office**

2231 Devine Street, Suite 100  
Columbia, SC 29205  
(803) 771-7114

**CCL- South Coast Office**

1212 King Street  
P.O. Box 1861  
Beaufort, SC 29901  
(843) 522-1800

**Friends of Lake Keowee Society  
(FOLKS)**

4065 Keowee School Road  
Seneca, SC 29672  
[www.folkskeowee.org](http://www.folkskeowee.org)  
(864) 882-3655

**Friends of the Edisto (FRED)**

PO Box 5151  
Columbia, SC 29250  
[www.edistofriends.org](http://www.edistofriends.org)  
(803) 256-4000

**Lake Hartwell Association**

PO Box 2122  
Anderson, SC 29622  
[www.lakehartwellassociation.org](http://www.lakehartwellassociation.org)  
(864) 224-5253

**United States Department of  
Agriculture (USDA)**

[www.usda.gov](http://www.usda.gov)

**USDA- Headquarters**

1400 Independence Avenue, S.W.  
Washington, D.C. 20250

**USDA- Regional Forest Services**

4931 Broad River Road  
Columbia, SC 29212  
(803) 561-4000

**USDA- Water Quality Information  
Center**

[www.nal.usda.gov/waic](http://www.nal.usda.gov/waic)

**For USDA service centers in South  
Carolina, visit:**

<https://offices.sc.egov.usda.gov/locator/app>

**To report chemical spills, oil spills,  
or fish kills:**

Call DHEC's toll-free 24-hour emergency  
response line at 1-888-481-0125

# DHEC Environmental Affairs Regional Offices

For a clickable directory of the all DHEC EA Regional Offices, visit: [www.scdhec.gov/ea/regions](http://www.scdhec.gov/ea/regions)

## UPSTATE REGION

*Serving Abbeville, Anderson, Greenwood, Laurens, McCormick,  
& Oconee Counties*

### **Anderson Office**

220 McGee Road  
Anderson, SC 29625  
(864) 260-5585

### **Walhalla Office**

415 South Pine Street  
Walhalla, SC 29691  
(864) 638-4185

### **Greenwood Office**

1736 South Main Street  
Greenwood, SC 29646  
(864) 227-5915

*Serving Cherokee, Greenville, Pickens, Spartanburg,  
& Union Counties*

### **Greenville Office**

Greenville County  
Health Department  
200 University Ridge  
Greenville, SC 29601  
(864) 372-3273

### **Spartanburg Office**

Spartanburg County  
Health Department  
151 E. Wood Street  
Spartanburg, SC 29305  
(864) 596-3800  
(864) 596-3327

## MIDLANDS REGION

*Serving Chester, Fairfield, Lancaster, Lexington, Newberry,  
Richland, & York Counties*

### **Columbia Office**

8500 Farrow Road, Bldg. 12  
Columbia, SC 29203  
(803) 896-0620

### **Rock Hill Office**

1070 Heckle Blvd.  
Rock Hill, SC 29732

### **Lancaster Office**

2475 DHEC Road  
Lancaster, SC 29720  
(803) 285-7461

*Serving Aiken, Barnwell, Edgefield, Saluda, Allendale, Bamberg,  
Calhoun, & Orangeburg Counties*

### **Aiken Office**

206 Beaufort Street, NE  
Aiken, SC 29801  
(803) 642-1637

### **Orangeburg Office**

1550 Carolina Avenue  
Orangeburg, SC 29116  
(803) 533-5490

## PEE DEE REGION

*Serving Chesterfield, Clarendon, Darlington, Dillon, Florence, Kershaw, Lee, Marion, Marlboro, & Sumter Counties*

### **Florence Office**

Florence County  
Health Department  
145 E. Cheves Street  
Florence, SC 29506  
(843) 661-4825

### **Sumter Office**

Sumter County  
Health Department  
105 North Magnolia Street  
Sumter, SC 29150  
(803) 778-6548

*Serving Horry, Georgetown, & Williamsburg Counties*

### **Myrtle Beach Office**

927 Shine Avenue  
Myrtle Beach, SC 29577  
(843) 238-4378

### **Conway Office**

Conway County Health Dept.  
1931 Industrial Park Road  
Conway, SC 29526  
(843) 915-8801

## LOWCOUNTRY REGION

*Serving Beaufort, Berkeley, Charleston, Colleton, Dorchester, Hampton, & Jasper Counties*

### **Charleston Office**

1362 McMillan Avenue,  
Suite 300  
Charleston, SC 29405  
(843) 953-0150

### **Beaufort Office**

104 Parker Drive  
Beaufort, SC 29906  
(843) 846-1030



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S.C. Department of Health and Environmental Control  
Bureau of Water, Watersheds and 319 Nonpoint Source Section  
2600 Bull Street  
Columbia, S.C. 29201-1708

(803) 898-4300

[www.scdhec.gov/water](http://www.scdhec.gov/water)



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