

Flu Watch

MMWR Week 12: March 17 to March 23, 2019

All data are provisional and subject to change as more reports are received.

Geographic Spread

South Carolina reported widespread activity this week. This is the thirteenth consecutive week at widespread activity.

Influenza Activity



Overall, there was a decrease in influenza activity this week.

Regional Influenza Activity



No change



No change

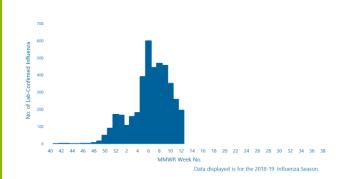


A decrease



An increase

Virologic Surveillance
This week there were **195** lab-confirmed tests reported. Influenza A was most frequently reported. In the current flu season, there have been **4129** lab-confirmed tests reported.



Influenza-Like Illness Surveillance The percent of patient visits to sentinel providers for an influenza-like illness (ILI) was 5.3%, which is above South Carolina's baseline (3.53%). The ILI activity level overall was high.



Influenza-Associated Hospitalizations
This week 149 influenza-associated
hospitalizations were reported by 53 hospitals.
The cumulative hospitalization rate is 45.2 per
100,000. In the current flu season, there have
been 2269 influenza-associated hospitalizations.

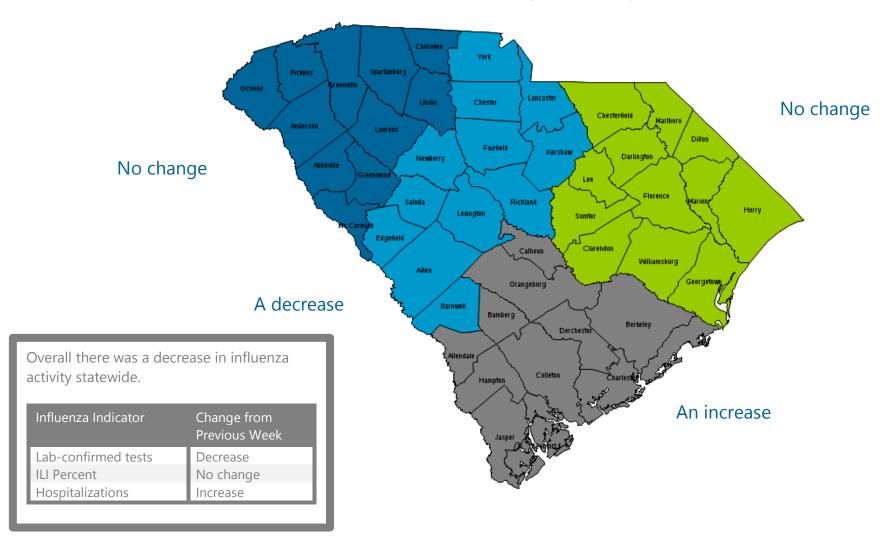
Influenza-Associated Deaths
This week 3 influenza-associated deaths that
occurred this week were reported. The
cumulative mortality rate is 1.4 per 100,000. In
the current flu season, there have been 72
influenza-associated deaths.

For a description of South Carolina's influenza surveillance components and definitions go to: http://www.scdhec.gov/Health/DiseasesandConditions/InfectiousDiseases/Flu/FluData/

For national surveillance, please visit: https://www.cdc.gov/flu/weekly/

Influenza Activity*

In the 4 Public Health Regions, activity showed...



*Indicators for assessing influenza activity include: lab-confirmed tests, ILI percent, and hospitalizations.

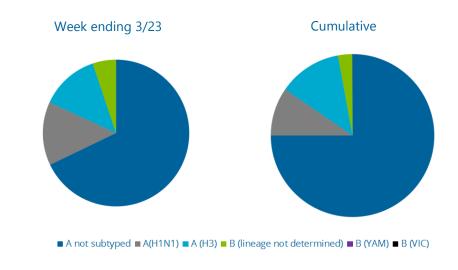
Virologic Surveillance

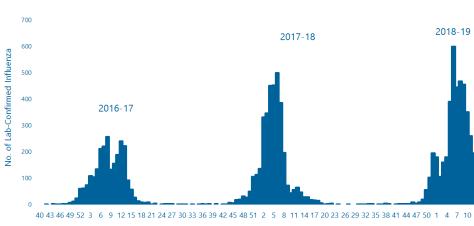
| Influenza Type | Season Totals To Date | | | | | | | |
|----------------------|-----------------------|------------|------------|------------|---------------------|--|--|--|
| No. (%) | This Week | 2018-19 | 2017-18 | 2016-17 | 5 season average | | | |
| Overall | 195 | 4129 | 3418 | 2007 | 1577 | | | |
| Influenza A | 183(94.9) | 4010(97.1) | 2409(70.5) | 1370(68.3) | 1198(75.9) | | | |
| A(H3) | 25(13.7) | 510(12.7) | 527(21.9) | 354(25.8) | 253(21.1) | | | |
| A(H1N1) | 27(14.8) | 396(9.9) | 199(8.3) | 62(4.5) | 273(22.8) | | | |
| A(NS)* | 131(71.6) | 3104(74.4) | 1683(69.9) | 954(69.6) | 672(56.1) | | | |
| | | | | | | | | |
| Influenza B | 10 (5.1) | 119(2.9) | 1009(29.5) | 637(31.7) | 379(24.1) | | | |
| B (Victoria) | | 2(1.7) | 1 (0.1) | | 0.2 (0.1) | | | |
| B (Yamagata) | | | 49(4.9) | | 9.8 (2.6) | | | |
| B (LND) ⁺ | 10(100) | 117(98.3) | 959(95.0) | 637(100) | 369(97.4) | | | |
| | | | | | | | | |

*NS – not subtyped

*LND – lineage not determined

Nationally, the influenza season begins with MMWR week 40 and ends with MMWR week 39. The 2018-19 influenza season began on September 30, 2018 and will end on September 28, 2019.





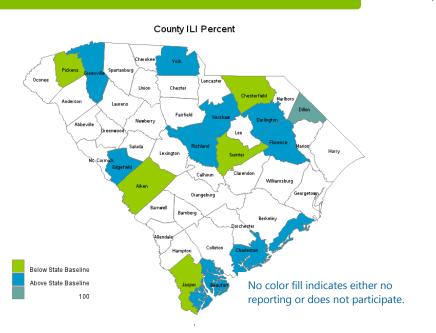
MMWR Week No.

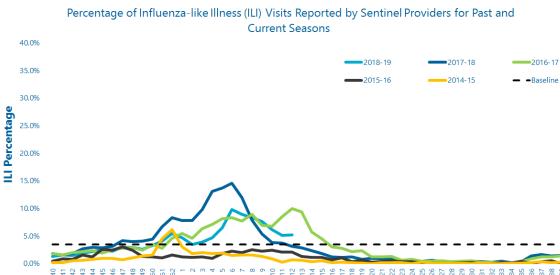
Influenza-Like IIIness Surveillance

This week, the ILI activity level was high and 5.3% of patient visits to SC ILINet providers was attributed to an influenza-like illness. This is above the state baseline, 3.53%.

Reports were received from providers in 15 counties, representing all DHEC Public Health regions.

ILI percentage is dependent upon the number of reporting providers and/or can vary by disease activity or the number of providers submitting reports.





MMWR Week

State ILI Activity Level 2018-19 Calendar

| | | | | Dy | VVCCKC |) tile | i Cai | | | | |
|-----|-----|-----|-----|-----|--------|--------|-------|-----|-----|-----|-----|
| OCT | NOV | DEC | JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEP |
| 40 | 44 | 48 | 1 | 5 | 9 | 14 | 18 | 22 | 27 | 31 | |
| 41 | 45 | 49 | 2 | 6 | 10 | 15 | 19 | 23 | 28 | 32 | 37 |
| 42 | 46 | 50 | 3 | 7 | 11 | 16 | 20 | 24 | 29 | 33 | 38 |
| 43 | 47 | 51 | 4 | 8 | 12 | 17 | 21 | 25 | | 34 | 39 |
| | | 52 | | | 13 | | | 26 | | 35 | |

ILI ACTIVITY LEVELS: MINIMAL LOW MODERATE HIGH

Influenza-Associated Hospitalizations And Deaths

| Hospitalizations No. (Rate) | Overall | Ages 0-4 | Ages 5- 17 | Ages 18-49 | Ages 50-64 | Ages 65+ |
|--------------------------------|------------|-------------|---------------|---------------|---------------|-------------|
| This Week | 149(2.9) | 8(2.7) | 2(0.3) | 27(1.3) | 33(3.3) | 74(8.6) |
| 2018-19 | 2269(45.2) | 108(36.8) | 114(14.1) | 350(17.0) | 564(56.5) | 1154(133.5) |
| 2017-18 | 4277(85.1) | 149(50.7) | 132(16.3) | 557(27.1) | 993(99.5) | 2446(282.9) |
| 2016-17 | 1983(40.0) | 84(28.8) | 102(12.7) | 269(13.2) | 455(45.9) | 1073(129.3) |
| 5 season average | 2433(49.5) | 137(47.0) | 104(13.0) | 390(19.2) | 570(58.1) | 1231(151.9) |
| | | | | | | |

| Deaths No. (Rate) | Overall | Ages 0-4 | Ages 5-17 | Ages 18-49 | Ages 50-64 | Ages 65+ |
|----------------------|----------|-------------|--------------|---------------|---------------|-------------|
| This Week | 3 | | | | | 3(0.4) |
| 2018-19 | 72 (1.4) | 2(0.7) | 1(0.1) | 4(0.2) | 20(1.9) | 45(5.2) |
| 2017-18 | 277(5.5) | 3(1.0) | | 26(1.3) | 47(4.8) | 200(23.1) |
| 2016-17 | 64(1.3) | 0 | 1(0.1) | 5(0.2) | 9(0.9) | 49(5.9) |
| 5 season average | 114(2.4) | 1 (0.3) | 1 (0.1) | 13(0.7) | 20(2.1) | 79(9.9) |

