

Flu Watch

MMWR Week 13: March 24 to March 31, 2019

All data are provisional and subject to change as more reports are received.

Geographic Spread



South Carolina reported widespread activity this week. This is the fourteenth consecutive week at widespread activity.

Influenza Activity



Overall, there was a decrease in influenza activity this week.

Regional Influenza Activity



No change



A decrease



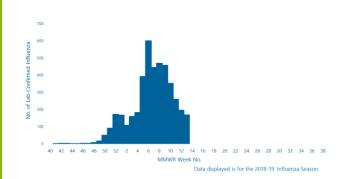
A decrease



A decrease

Virologic Surveillance

This week there were **168** lab-confirmed tests reported. Influenza A was most frequently reported. In the current flu season, there have been **4297** lab-confirmed tests reported.



Influenza-Like Illness Surveillance The percent of patient visits to sentinel providers for an influenza-like illness (ILI) was 5.3%, which is above South Carolina's baseline (3.53%). The ILI activity level overall was high



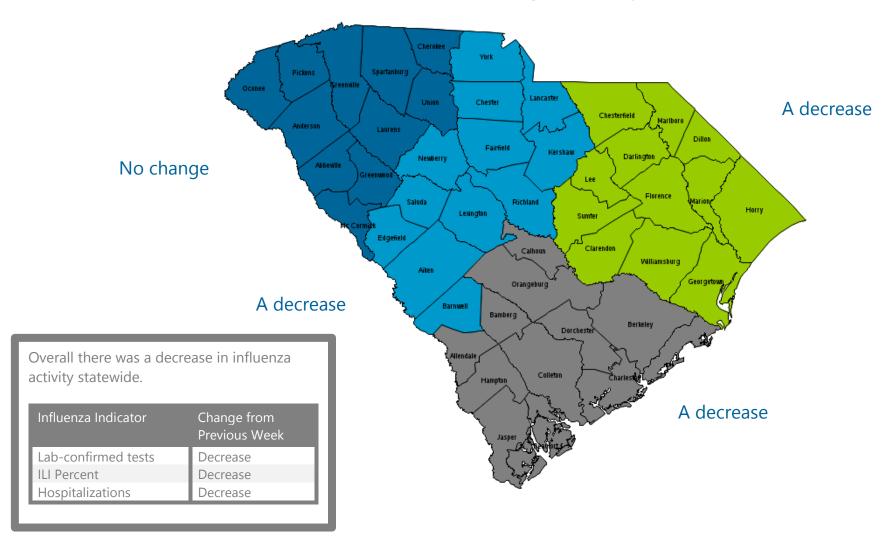
Influenza-Associated Hospitalizations
This week 95 influenza-associated
hospitalizations were reported by 55 hospitals.
The cumulative hospitalization rate is 47.2 per
100,000. In the current flu season, there have
been 2372 influenza-associated hospitalizations.

Influenza-Associated Deaths
This week 7 influenza-associated deaths that
occurred this week were reported. The
cumulative mortality rate is 1.6 per 100,000. In
the current flu season, there have been 79
influenza-associated deaths.

For a description of South Carolina's influenza surveillance components and definitions go to: http://www.scdhec.gov/Health/DiseasesandConditions/InfectiousDiseases/Flu/FluData/

Influenza Activity*

In the 4 Public Health Regions, activity showed...



*Indicators for assessing influenza activity include: lab-confirmed tests, ILI percent, and hospitalizations.

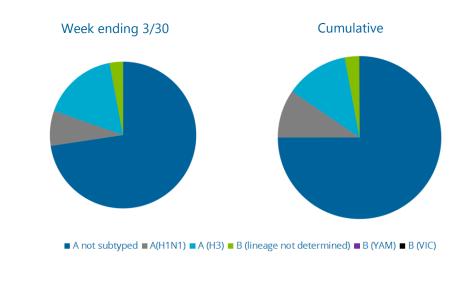
Virologic Surveillance

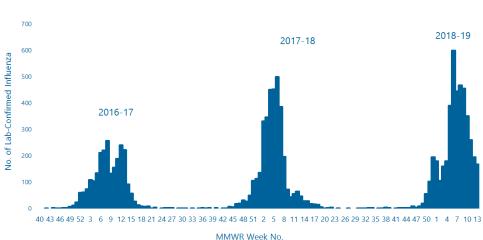
Influenza	Season Totals To Date							
Type No. (%)	This Week	2018-19	2017-18	2016-17	5 season average			
Overall	168	4297	3464	2230	1649			
Influenza A	163(97.0)	4172(97.1)	2420(69.9)	1473(66.1)	1232(74.7)			
A(H3)	28(17.2)	538(12.9)	528(21.8)	373(25.3)	257(20.9)			
A(H1N1)	13(8.0)	410(9.8)	201(8.3)	64(4.3)	284(23.0)			
A(NS)*	122(74.8)	3224(77.3)	1691(69.9)	1036(70.3)	691(56.1)			
Influenza B	5 (3.0)	125(2.9)	1044(30.1)	757(33.9)	417(25.3)			
B (Victoria)		2(1.6)	1 (0.1)		0.2 (0.1)			
B (Yamagata)			50(4.8)		10 (2.4)			
B (LND) ⁺	5(100)	123(98.4)	993(95.1)	757(100)	406.8(97.6)			

*NS – not subtyped

⁺LND – lineage not determined

Nationally, the influenza season begins with MMWR week 40 and ends with MMWR week 39. The 2018-19 influenza season began on September 30, 2018 and will end on September 28, 2019.



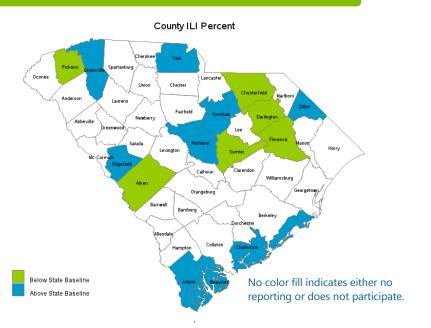


Influenza-Like IIIness Surveillance

This week, the ILI activity level was high and 4.3% of patient visits to SC ILINet providers was attributed to an influenza-like illness. This is above the state baseline, 3.53%.

Reports were received from providers in 15 counties, representing all DHEC Public Health regions.

ILI percentage is dependent upon the number of reporting providers and/or can vary by disease activity or the number of providers submitting reports.



Percentage of Influenza-like Illness (ILI) Visits Reported by Sentinel Providers for Past and **Current Seasons** 40.0% 2018-19 2017-18 2016-17 35.0% 2014-15 Baseline 30.0% **Percentage** 25.0% 20.0% 15.0% 10.0% 0.0%

MMWR Week

State ILI Activity Level 2018-19 Calendar

by Week of the Year **OCT** NOV DEC JAN **FEB** MAR MAY JUN JUL AUG **SEP** 40 44 48 41 45 49 42 46 50 11 47 51 12 52 13

ILI ACTIVITY LEVELS: MINIMAL LOW MODERATE HIGH

Influenza-Associated Hospitalizations And Deaths

Hospitalizations No. (Rate)	Overall	Ages 0-4	Ages 5-17	Ages 18-49	Ages 50-64	Ages 65+
This Week	95(1.9) 2372(47.2)	4(1.4) 112(38.1)	1(0.1) 115(14.2)	13(0.6) 365(17.7)	30(3.0) 598(59.9)	47(4.4) 1203(139.1)
2018-19 2017-18	4330(86.2)	152(51.8)	136(16.8)	560(27.2)	1003(101)	2479(286.7)
2016-17 5 season	2187(44.1)	88(30.1)	115(14.3)	294(14.4)	488(49.2)	1202(144.9)
average	2517(51.2)	141(48.5)	108(13.4)	404(19.9)	586(59.7)	1277(157.5)

Deaths No. (Rate)	Overall	Ages 0-4	Ages 5-17	Ages 18-49	Ages 50-64	Ages 65+
This Week	7(0.1)			2(0.1)		5(0.6)
2018-19	79(1.6)	2(0.7)	1(0.1)	6(0.3)	20(1.9)	50(5.8)
2017-18	282(5.6)	3(1.0)		27(1.3)	49(4.9)	203(23.5)
2016-17	73(1.5)	0	1(0.1)	5(0.2)	11(1.1)	56(6.8)
5 season average	120(2.4)	1 (0.3)	1 (0.1)	14(0.7)	21(2.2)	83(10.1)

